

Shabbat Parashat Vayigash 5781

Rabbi Mordechai Kreuzer
Rabbi Israel Gad Seletzki

- ❖ All Tefillos will take place in the Lobby and the balconies. Ladies may daven on the balconies.
- ❖ Please wear masks at all times, and keep 3 meters distance.
- ❖ Candle lighting – in the place where you are eating.
- ❖ Cake and coffee will be served in the rooms from 6:30-7:30 AM. In the event that the door isn't opened, the cake will be in a bag hung on the door.
- ❖ Over the course of Shabbos there will be coffee, tea, and milk in the Golan Hall
- ❖ **Kiddush will be served in the dining rooms according to staff guidelines immediately after davening**
- ❖ **Packed Seuda Shlishis will be available during the Kiddush**
- ❖ Please bring your individual Besamim to Havdala. (Please refrain from passing the Besamim between residents)

Friday, 10th Tevet 5781, 25.12.2020

Fast of Asarah B'Tevet, Yom Hakadish Haklali

07:30 Shacharit – Main Lobby

Channel 900 – 09:30 -Exercise with Alisia

09:15 – Daf Hayomi- with R' Lipa Kaminer (Beit Haknesset)

10:30 – "Parashat Hashavua" with Rabbi Natan Shapira – Hebrew (Main Lobby)

11:00-12:00 – Free swimming for men





Shabbat Parashat Vayigash 5781

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Friday, 10th Tevet 5781, 25.12.2020

Fast of Asarah B'Tevet, Yom Hakaddish Haklali

16:06- Candle Lighting in the place of eating (*during winter time it is possible and desirable to light candles a few minutes early*)

16:10 - Minchah (Lobby)

Kabbalat Shabbat

Dvar Torah- Dr. Simcha Mandelbaum

17:06 - . Ma'ariv (Lobby)

17:12 – End of fast

Seudat Leil Shabbat according to seating map

Friday night shiurim- Details will be posted at reception desk and in the elevators

Shabbat , 11th Tevet, 5781, 26.12.2020

07:45 – Shacharit (Lobby)

Kiddush for all residents according to staff guidelines

11:30 – Daf Hayomi- with R' Lipa Kaminer (Beit Haknesset)

11:30 - "Sefer Yehoshua" Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

12:30- Seudah according to seating map

16:05 Mincha (Lobby)

Seudah Shlishit in apartments

17:22 End of Shabbat. Maariv (Lobby)

Havdalah after the Tefilla in the Lobby. *Please bring the personal Besamim you received at your apartment (Do not pass the Besamim from one to the other!)*

19:30- Motzei Shabbat Concert: Jewish Soul music and more with Yaakov

Yachnin (Lobby)



Sunday 12th Tevet, 5781, 27.12.2020

06:30- Walking with Shlomo- Departure from the Lobby

7:00 – 09:00 -Free swimming for women.

07:30 Shacharit – Central Lobby

Channel 900 – 09:00 -Exercise with Oren

09:15-10:15 Free swimming for men

10:00 - " Harav Kook Shiur for Women" with Rabbi Michael Tubiano- Hebrew (Golan)

10:00 – "Gemara" -English (Coffee Shop)

11:00 – Exercise for men with Pavel (New Lobby)

11:00 – "More Than Diamonds"-insights into the Parasha and Pirkei Avot with Ita Schneider-
Women -English (Coffee Shop)

11:30 – Exercise for women with Elisheva (Golan) new!!

11:45 - Hadaf Hayomi with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:00 – Tehilim for women (Lobby)

12:30 - Minchah (Lobby)

Channel 900 –16:00 - some more exercise

16:30 – "A Month of Multiple Fast Days" with Rabbi Aaron Adler - English (Golan)

**17:30 – "The Essence of Ya'akov's Shema Recitation" with Rabbi Aaron Adler
Hebrew (Golan)**

18:30 - Variety of Arts with Mrs. Naomi Gottlieb (Lobby 2) Day Change

18:30 - Ma'ariv (Lobby)

18:45- Shiur Gemara with Rabbi Natan Shapira (Lobby)

19:00-20:00 – The English Library is open

Channel 900 -20:00 – Nature film (Will also be shown in the Coffee Shop)

Monday , 13th Tevet, 5781, 28.12.2020

06:30- Walking with Shlomo- Departure from the Lobby

7:00 – 09:00 -Free swimming for women.

07:20-07:50 – Water Exercise for women

07:30 - Shacharit – Central Lobby

Channel 900 – 09:00 -Exercise with Alisa

09:15-10:15 - Exercise Gym open for men

10:00 – "Gemara" -English (Coffee Shop)

10:15-11:15 - Exercise Gym open for women.

10:45- Exercise for women with Rivki (Golan) **Day Change**

11:00 – Art Workshop with Shoshana (Coffee Shop)

11:00 – "Keeping it together" with Rivka/Ruti-English (Golan)

11:45 - Hadaf Hayomi with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:00 – Tehilim for women (Lobby)

12:30 - Minchah (Lobby)

Channel 900 –16:00 - some more exercise

17:00 – Afternoon Concert; Israeli and Jewish songs with Rafi Davidov on the trumpet (Lobby)

18:30 - Ma'ariv (Lobby)

18:45- Shiur Gemara with Rabbi Natan Shapira (Lobby)

19:30: Feature film: "Loving Leah" (2009) Starring Lauren Ambrose; Adam Kaufman

(Coffee Shop) **Day Change**. Courtesy of Mr. Gershon Copperman

Tuesday, 14th Tevet, 5781, 29.12.2020

06:30- Walking with Shlomo- Departure from the Lobby

7:00 – 09:00 -Free swimming for women.

07:30 Shacharit – Central Lobby

Channel 900 – 09:00 -Exercise with Oren

09:15-10:15 – Free swimming for men

10:00 – Telephone Shiur in Ein Yaakov with Rabbi Biver- Hebrew.Call number 053-3110920

10:00 – "Gemara" -English (Coffee Shop)

10:15 – "Moving by rhythm" with Racheli (Golan) *It is recommended to bring a face shield (transparent mask) in addition to the regular mask*

11:00 – Exercise for men with Pavel (New Lobby)

11:00 – Beginners' Ulpan with Mrs. Shoshana Maislik (Lobby 3)

11:15 – Painting class with Naomi Gotlieb (Golan) Day Change

11:45 - Hadaf Hayomi with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:50 - Advanced Ulpan with Mrs. Shoshana Maislik (Lobby 3)

12:00 – Tehilim for women (Lobby)

12:30 - Minchah (Lobby)

Channel 900 –16:00 - some more exercise

16:00 – "Cinema Hour" with Ahuva, the social worker-English (Golan)

17:30 - "Tefilla & Parashat Hashavua " - Hebrew (Golan)

18:30 – Exercise for women with Rivki (Golan) **Day Change**

18:30 - Ma'ariv (Lobby)

18:45- Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Lobby)

Channel 900 -19:30 – Jewish Music Performance (Will also be shown in the Coffee Shop)

Wednesday , 15th Tevet, 5781, 30.12.2020

06:30- Walking with Shlomo- Departure from the Lobby

7:00 – 09:00 -Free swimming for women.

07:20-07:50 – Water Exercise for women

07:30 Shacharit – Central Lobby

Channel 900 – 09:00 -Exercise with Alisa

09:15-10:15 - Exercise Gym open for men

10:15-11:15 - Exercise Gym open for women.

10:00 – "Gemara" -English (Coffee Shop)

10:00 – The English Library is open.

11:00 – Shiur with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:00 – "Brush up your Shakespeare" with Yehudit Weiss-English (Coffee Shop)

11:30 "Meeting of Power - with the house doctor Dr. Toledano-Hebrew- (Nehorah Wellness Center) continuation for those who participated in the past

11:45 - Hadaf Hayomi with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:00 – "Exercise for women" with Suri Ordman- (Golan)

12:00 – Tehilim for women (Lobby)

12:30 - Minchah (Lobby)

Channel 900 –16:00 - some more exercise

16:00 - Birthday party for residents born in Tevet (Lobby)

Led by Shlomo Wallach

Music with Akiva Margaliot



18:30- "Sing along" with Talya Kirsch-women (Golan)

18:30- Ma'ariv (Lobby)

18:45- Issues in current affairs in light of the values of Judaism" - R. Lipa Kaminer-- Hebrew (Lobby)

Channel 900 -20:00– Classical concert: (will also be shown in the Coffee Shop)

Thursday, 16th Tevet, 5781, 31.12.2020

06:30- Walking with Shlomo- Departure from the Lobby

7:00 – 09:00 -Free swimming for women.

07:30 Shacharit – Central Lobby

WOMEN'S HAIRDRESSING WITH YIFAT- APPOINTMENTS AT FRONT DESK

Channel 900 – 09:00 -Exercise with Oren

10:00 – "Gemara" -English (Coffee Shop)

10:00 – Choir for women with Talya Kirsh (Golan)

11:00 – "Tai Chi" with Ari Breslau (Golan)

12:00 – Exercise with Avital (Golan)

11:45 - Hadaf Hayomi with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:00 – Tehilim for women (Lobby)

12:30 - Minchah (Lobby)

Channel 900 –16:00 - some more exercise

16:30 - "The Kings of Am Yisrael- Book of Melachim" with Mrs. Pearl Borow –

English (Lobby)

17:30 – "**Winter Music**" with Natalya Ger- Hebrew (Golan)

18:30- Maariv (Lobby)

18:45- Shiur Gemara with Rabbi Natan Shapira (Lobby)

Friday, 17th Tevet 5781, 01.01.2021

07:30 Shacharit – Main Lobby

Channel 900 – 09:30 -Exercise with Alisia

09:15 – Daf Hayomi- with R' Lipa Kaminer (Beit Haknesset)

10:30 – "Parashat Hashavua" with Rabbi Natan Shapira – Hebrew (Main Lobby)

11:00-12:00 – Free swimming for men-

Best Wishes:

To **Shlomo & Bluma Friedman**, on the birth of 2 great-granddaughters

To **Yona Shapira**, on the Bat Mitzvah of a granddaughter

Speedy Recovery

To **Rabbi Elimelech Shief** who is hospitalized

Condolences

Beit Tovei Halr and its residents share in the grief of Rachel Pinchas

upon the death of her sister A"H

May you be comforted among the mourners of Zion and Jerusalem



Condolences

Beit Tovei Halr and its residents share in the grief of Tobie Goldman

upon the death of her son A"H

May you be comforted among the mourners of Zion and Jerusalem



ANNOUNCEMENTS

For reasons of kashrut it is forbidden to remove dishes from the dining room.

With regards to food delivered to the rooms, All Dairy food will be marked with a "dairy" sticker. Any food which doesn't have a dairy sticker, is considered "chezkat besari."

All Cakes, with the exception of cheese cakes (which will be marked dairy) are Pareve

New in Eitan's gift shop!

Coffee , hot chocolate and tea of excellent quality

Everything here, delicious and hot!

Sunday to Thursday 10 am- 1 pm

10 NIS

You are welcome to enjoy the service and quality

Waiting for you with love

Eitan



-
- No entry will be allowed after 9 PM for visitors to the apartments (who have permission to visit)
 - The entry of technicians or service providers must be arranged in advance and will only be possible after updating Bracha and receiving approval. Entry will be allowed until 6 PM only

Thank you for your cooperation.

You are kindly requested to sign your name in the "In/Out Sign-In Sheet" before you leave the building and upon returning home.

We thank you for your assistance.

Fever measurment

You are requested to measure your temperature every morning and call the desk to let us know the results.

Your cooperation will help us greatly.

Tevet Birthday Celebrants

Shiela Orkin

Chana Nargaliot

Lipa Kaminer

Moshe Atlas

Nachman Kepler



Erwin Schwartz

Sara Sharbatian

Prayer Hours

Shacharit –Berachot 07:20,
Hodu 07:30,
Minchah, 12:30, PM
Ma'ariv – 18:30



Tehilim for women

Sunday-Thursday 12:00
Lobby

Meal Hours in Dining Room

Breakfast 07:45-09:30 AM
Lunch, 12:30-2 PM
Friday Lunch-12:00

Swimming

Women:

Sunday-Thursday 07:00-09:00

Men:

Sunday, Tuesday,

09:15-10:15

Friday

11:30-13:30

Meal Distribution Hours

Breakfast 07:45-09:00,
Lunch, 12:00-13:00

Opening hours of Eitan's Minimarket (on level -1)

Tel. 8104

Week days 07:30-10:00

Sunday, Tuesday, Thursday 18:00-20:00

Or through the shop in the Lobby at other
hours

Medical Accessories

Gemach

open in room 456B (near the
service elevator)

please turn to Sima or Pessi

at the Clinic