



**Shabbat Acharei - Mot 5784**  
**Shabbat Mevarchin**  
**Rabbi Yehuda Rabinowitz**  
**Rabbi Israel Gad Seletski**

**Friday, 25<sup>th</sup> of Nisan, 5784, May 3<sup>rd</sup>, 2024**

7:30 am – Shacharit

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am - "Parshat Hashavua" – English (Golan)

**11:00 am -12:00 pm - Swimming for Men**



**6:45 - Candle Lighting**

**7:00 - Minchah (Lobby)**

**7:15 - Kabbalat Shabbat (Lobby)**

Maa'riv

Seudat Leil Shabbat (Dining Room)



**Shabbat, 26<sup>th</sup> of Nisan, 5784, May 4<sup>th</sup>, 2024**

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

**Kiddush (Golan)**

**10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)**

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

**12:30 pm – Seudat Shabbat (Dining Room)**

**5:40 pm – "Shabbat Kodesh" Shiur with Rabbi Akiva Miller – English (Golan)**

6:00 pm – "Parshat Hashavua" with Rabbi Yehudah Rabinowitz- Hebrew (Coffee Shop)

6:40 pm- Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

**8:01 pm - End of Shabbat. Maa'riv (Beit Haknesset)**

Havdalah after Maa'riv in the Lobby.

***Shavua Tov!!!!!!***



## **Sunday 27<sup>th</sup> of Nisan 5784, May 5<sup>th</sup>, 2024**

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Awakening an Old Love... The Value of Eretz Yisrael Through the Generations"  
with Rabbi Michael Tubiano- Hebrew (Golan)

10:30 am – Exercise for Men with Shlomi (New Lobby)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

**11:15 am – Painting class with Nofar (Coffee Shop) Group A,**  
*, ♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyas, ♦Naomi Noyak, ♦Riva Soibelman ♦ Tzippy Hadari ♦ Shulamit Dvash ♦ Vivien Kleinman ♦ Esther Solomon ♦ Leah Rosenzweig*

11:30 am – 12:30 pm - Exercise Gym open for **Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3) *Additional Tehillim For Time of War*

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)

5:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "From Destruction to Resurrection" The History of the Jews of Romania before and  
after the Holocaust and the Story of Resident Mrs. Tova Sternberg - Hebrew (Golan)

7:00: pm – Mincha

7:15 pm – Shiur Gemara with Rabbi Natan Shapira

8:00 pm – Maariv

היום שלוש עשר יום שהם שבוע אחד ושישה ימים לעומר

8:00 pm – **Live Broadcast of Holocaust Remembrance Day Ceremony from  
Yad Vashem (Golan)**

**Monday , 28<sup>th</sup> of Nisan, 5784, May 6<sup>th</sup>, 2024 – Yom HaShoah**

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit

8:15 am - Water Exercise for Women



**9:50 am**

**Holocaust Memorial Ceremony (Lobby)**

With residents, staff, family members

**10:00 Memorial Siren**

Holocaust survivors are requested to come dressed in a white shirt and sit in the reserved seats in front

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:00 am – "Kuzari" shiur with Rabbi David Biber- Hebrew (Beit Hakneset)

11:15 am – Functional Art with Brachi (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

11:30 am – "**I Have No Other Country**" with Tzvia Levuvi – Hebrew (Golan)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

2:00 pm – Tehillim for Women (Lobby 3) *together with "Lobby group"*

4:00 pm – Coffee & Cake (Dining Room)

**4:30 pm – Personal Survival Story by Holocaust Survivor, Resident Yaffa Silverberg – English (Golan)**

5:30 pm – "**The Light After the Darkness**" with Mrs. Esther Orenbach, Second Generation of Holocaust Survivors - Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 -7:30 pm – The English Library is open

**6:30 pm – Games to Challenge Your Brain-Computer Games and Others with Bracha Sorotzkin – Hebrew and English (Coffee Shop)**

7:00 pm – Mincha

7:15 pm – Shiur Gemara with Rabbi Natan Shapira

8:00 pm - Maariv

8:15 pm – Movie Night: "Op

היום ארבעה עשר יום שהם שני שבועות לעומר

*based on the story of how a group of Israeli secret agents arrested notorious SS officer Adolf Eichmann - in Argentina.*

**Tuesday, 29<sup>th</sup> of Nisan, 5784, May 7<sup>th</sup> , 2024**

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Kitzur Shulchan Aruch—Laws Pertaining to Forbidden Foods" with Rabbi Shechter -  
English (Coffee Shop) Men & Women

10:00 am -Fun Brain Exercise Workshop with David – Hebrew (Golan)

10:30 – 11:30 – Exercise Gym open for **Women**

**10:45 am -Fun Brain Exercise Workshop with David – English (Golan)**



10:50 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**  
♦Chaya Graus ♦Eva Lewis ♦Naomi Garame, ♦Rivka Amitzur, ♦Shoshana Weingarten, ♦Malka Chaimson,  
♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Chave Heftler ♦  
Shoshana Chadad

11:30 am - "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:40 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3) *Additional Tehillim for Time of War*

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm –" Pirkei Avot " with Rabbi Ullman – English (Golan)**

5:30 pm – "Halacha & Parashat Hashavua " with Rabbi Natan Shapira – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – "Modern Technology- Smartphones, AI, Computers and More" with Ezra Shapira-  
English (Golan )

7:00 pm – Mincha

7:15 pm –"Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:25 pm – "Modern Technology- Smartphones, AI, Computers and more " with Ezra Shapira-  
Hebrew (Golan)

8:00 pm – Ma'ariv



**Wednesday, 30<sup>th</sup> of Nisan, 5784, May 8<sup>th</sup>, 2024 – First day of Rosh Chodesh Iyar**

7:00 – 09:00 am – Free Swimming for **Women**.

07:30 am – Shacharit

8:15 am – 9:00 am Water Exercise for Women

**09:00 am-1:00 pm – Yigal's Jewelry Sale (Coffee Shop)**

09:30 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2)

09:30 –10:30 am – Exercise Gym open for **Men**

**10:00 am – Women sing Hallel with Tamar (Golan)**



10:00 am – "Gemara" with Rabbi Shechter -English (Beit Haknesset )

10:15 am – Ulpan for Intermediate students - with Mrs. Rachel Strenger (Lobby 2)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:45 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

11:45 am – "Exercise for Women" with Suri Ordman- (Golan)

2:00 pm – Tehillim for Women (Lobby 3) *Additional Tehillim For Time of War*

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Yisrael and Yehuda Confront Challenges from Within and Without" with Rabbi Yonatan Horowitz- English (Golan)**

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Establishing the Monarchy - Shaul, David and Shlomo" with Rabbi Yonatan Horowitz - Hebrew (Golan)

6:00 pm – "In-depth Gemara Shiur in English" with Rabbi Ullman – (Beit Haknesset)

6:45 pm – Music in the Lobby with Sofia

7:00 pm – Mincha

7:15 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer

7:30 pm – "Sing Along" with Talya Kirsch - Women (Coffee Shop)

8:00 pm – Ma'ariv

היום שישה עשר יום שהם שני שבועות ושני ימים לעומר

**Thursday, 1<sup>st</sup> of Iyar, 5784, May 9<sup>th</sup>, 2024 – Second Day Rosh Chodesh Iyar**

7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit

9:00 – 10:00 am – Exercise Gym open for **Men**

9:55 am – "Tai Chi" with Ari Breslau (Golan)

10:00 am – "Gemara" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

11:00 am – Exercise for Men with Tomer (New Lobby)

11:30 am - "Hadaf Hayomi in Halacha" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

11:30 am – **Movement For the Soul Dancing and Movement for Relaxation With Batsheva (Golan)**

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

2:00 pm – Tehillim for Women (Lobby 3) *Additional Tehillim For Time of War*

**3:00 pm – 4:00 pm - Free Swimming for Men**

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Righteous Gentiles from Poland - Gertrude Babilinska"** -"with Shmulik Langer English (Golan)

5:30 pm – "**Righteous Gentiles from Poland - Gertrude Babilinska**" - with Shmulik Langer Hebrew (Golan)

6:30 pm – Music for Shabbat in the Lobby with Asaf

7:00 pm – Mincha

7:15 pm – Shiur Gemara with Rabbi Natan Shapira

7:30 pm – Movie Night: Details will be posted at Reception

8:00 pm – Ma'ariv

היום שבעה עשר יום שהם שני שבועות ושלושה ימים  
לעומר

**Friday, 2<sup>nd</sup> of Iyar, 5784, May 10<sup>th</sup>, 2024**

7:30 am – Shacharit

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am – "Parshat Hashavua" with Rabbi Ullman – English (Golan)

**11:00 am-12:00 pm- Swimming for Men**

**MAZEL TOV!**

To **Shoshana Weingarten** on the birth of a great grandson!

To **Vicky Klipper** on the birth of a great grandson!

**Speedy Recovery**

To **Debby Berman** who is hospitalized (*Devora bas Malka Bracha*)

To **Chaya Tager** who is hospitalized (*Chaya Klarel bas Esther*)

**Welcome**

Beit Tovei Hair residents, staff and management welcome

to the **Milstein Family**

Who moved into apt. 445

Dear residents,

Last year **prayer books were ordered for Yom Haatzmaut and Yom Yerushalaim** to be used for years to come.

If you took a prayer booklet for Independence Day and Jerusalem Day

**Please return it to reception.**

**Davening Hours**

Shacharit –Berachot 07:20 AM,  
 Hodu 07:30 AM,  
 Minchah -7:00 PM  
 Maa'riv – 8:00 PM

**Tehillim for women**

Sunday-Thursday  
 Lobby 3 – 2:00 pm  
 Lobby – 4:30 pm

**Meal Hours in Dining Room**

Lunch, 12:30-1:45 PM  
 (arrive by 1:15)  
 Coffee & Cake- 4:00 PM

**Swimming**

**Women:**  
 Sunday-Thursday 07:00-09:00  
**Men:**  
 Sun and Thurs 3:00pm-4:00 pm  
**Friday-** 11:00-12:00

**Meal Distribution Hours**

**Room Service**

Breakfast: 07:45-09:00  
 Lunch: 12:00-1:00  
 Dinner :5:30-6:30

**Take Away**

Breakfast: 07:45-08:15  
 Lunch: 12:00-12:30

**Opening hours of Eitan's  
 Minimarket (on level -1)**

**Tel. 8104**

Week days 07:30-10:00 am  
 Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's  
 Coffee Stand in the Lobby**

Week days 10:00 AM-1:00 PM  
 4:00-6:00 PM  
 Friday 10:00 am-12:00 pm

**YIFAT-**

**LADIES HAIRDRESSING**

Every Thursday , every other  
 Monday

in Nehora Wellness Center.

Make your appointment  
 at the front desk

**Medical Accessories Gemach**

open in the clinic  
 please speak with Sima or Pessi

**CLINIC HOURS**

**Weekdays**

09:00 am- 1:00pm  
 3:00-6:00 pm

**Friday**

09:00 am- 1:00pm