

Shabbat Shmini 5785

From the Torah Department

On behalf of the administration, staff, and residents, we thank the children of Chave Heftler a"h for so generously donating new siddurim for the libraries of the upper lobbies in loving memory of their dear mother. This is in addition to Rachel Ebert's prior donation of new siddurim for the Beit HaKnesset in loving memory of her husband Aharon Ebert z"l.

Independence Day Festive Meal



Residents who wish to participate in the Yom HaAtzmaut (Independence Day) festive meal and do not regularly eat lunch in the dining room must register at the reception **by Monday, April 28th**. The price of the meal is **180 ₪**. For those registering **after** Monday, the price will be **210 ₪**.

Shabbat Parshat Shmini 5785 **Shabbat Mevarchin Chodesh Iyar**

Rabbi Yehuda Rabinowitz
Mrs. Sima Kliers (Manager on Duty)

Friday, 27th of Nisan, 5785, April 25th, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am - "Parshat Hashavua" with Rabbi Elan Adler – English (Golan) **change of speaker**

11:00 am -12:00 pm - Swimming for Men



5:40 pm – Minchah (Lobby)

Candle Lighting:

- **Lobby** – From **5:55 pm** until **6:10 pm** (please do not prepare your candles during the davening)
- **Coffee Shop** – **5:55 pm** until **6:39 pm**.

6:10 pm – Kabbalat Shabbat (Lobby)
Maa'riv

היום שלושה עשר יום שהם שבוע אחד ושישה ימים לעומר.

Do Not Forget To Say Kriat Shema and Sefirat HaOmer after Tzet Hakochavim 7:35 pm

Seudat Leil Shabbat (Dining Room)

Shabbat, 28th of Nisan, 5785, April 26th, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:00 am - "Parshat Hashavua" with Rabbi Israel Gad Seletzki- English (Beit Haknesset)

11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

1:00 pm – Seudat Shabbat (Dining Room)

4:40 pm – Singing Shabbat Songs with "Ki-Tov" Seminary girls- Women (Golan)



5:40 pm – "Parshat Hashavua" with Rabbi Yehuda Rabinowitz - Hebrew (Beit Haknesset)

6:35 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

7:54 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

היום ארבעה עשר יום שהם שני שבועות לעומר.

Shavua Tov!!!!!!

Sunday 29th of Nisan, 5785, April 27th, 2025

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Chafetz Chaim" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Charlap" with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise" with Tamar Levin-Women (Golan)

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

2:15 pm – Painting class with Nofar (Coffee Shop) Group A

♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson, ♦Shoshana Chadad ♦Vivien Kleinman ♦Esther Solomon ♦Shoshana Jakobowitz

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "Behind the Scenes at the Jewish Press" with Naomi Mauer- - English (Golan)

5:30 pm – "Tehillim" Shiur for women with Ita Schneider-English (Lobby 2)

5:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Dvir)
change of time and place

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Growing from October 7th" with Yossi Daniel - Hebrew (Golan)
We will be hosting Yossi Daniel, an educator and mental health professional, who served in the reserves at Camp Shura for a long and challenging period

7:05 pm – Mincha

7:20 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

8:00 pm – Maariv

היום חמישה עשר יום שהם שני שבועות ויום אחד לעומר.

Monday, 30th of Nisan, 5785, April 28th, 2025 1st Day of Rosh Chodesh Iyar

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women



9:30 am – Musical Hallel for Women (Golan)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Golan)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30pm - Yiddish Reading Group- led by Resident Eliyahu Tanis (Lobby 2)

4:30 pm – "Place in Our Heart" with Lesley Hayoun - English (Golan)

A touching gathering with Lesley, who will share her heartwarming story about the book she wrote for her special granddaughter.

5:30 pm – "A Place in Our Heart" with Lesley Hayoun - Hebrew (Golan)

6:00 pm – Music in the Lobby with Yaakov

6:30 - 7:15 pm - The English Library is open

7:05 pm – Mincha

7:20 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Hakneset)

7:30 pm – Movie Night: To be Announced

8:00 pm – Maariv



Tuesday, 1st of Iyar, 5785, April 29th, 2025 – 2nd Day Rosh Chodesh Iyar

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

9:55 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter - English (Coffee Shop)

10:30 – 11:30 – Exercise Gym open for **Women**

10:40 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:00 am - "**Feldenkreis Exercise**" with Tamar Levin-Women (Golan) *change of time*

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garamé , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

3:15 pm – Bridge Club- with Rivka Cohen (Lobby 2) *change of day and time*

4:00 pm – Coffee & Cake (Dining Room)

3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)



4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Pirkei Avot" with Rabbi Ullman – English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

7:05 pm – Mincha

7:20 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

8:00 pm – Ma'ariv



8:00 pm - Siren for Yom Hazikaron.

Screening of the Yom Hazikaron Ceremony from the Kotel (Golan)

Wednesday, 2nd of Iyar, 5785, April 30th, 2025 – Yom HaZikaron Memorial Day

7:00 –9:00 am – Free Swimming for **Women**.

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women – change of day

09:15 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)



10:45 - Yom Hazikaron Ceremony- Memorial for Israel's fallen

Soldiers and Civilians killed in terror attacks

11:00 – Memorial Siren (Lobby)



11:30 am (After the ceremony) Exercise for Women with Suri (Golan) change of time

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "From Ingathering of Exiles to Integration of Exiles" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "More Than Diamonds with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "From Mourning to Joy" with Rabbi Aaron Adler - Hebrew (Golan)

6:05 pm – "In-depth Gemara Shiur in English" with Rabbi Ullman – (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

7:05 pm – Mincha

7:20 pm – Shjur with Rav Biber- Hebrew (Beit Haknesset)

**8:00 pm - Festive Ma'ariv for Yom Ha'atzmaut
with Chazzan Rabbi Yitchak Fishel (Lobby)
(Grandson of Resident Paula Striegler)**

**After Maariv - Screening of the of Yom Ha'Atzmaut
Opening Ceremony (Golan)**

היום שמונה עשר יום שהם שני שבועות וארבעה ימים לעומר.

Thursday, 3rd of Iyar ,5785, May 1st , 2025 – 77th -Yom HaAtzmaut **– Israeli Independence Day**

7:00 – 9:00 am – Free Swimming for **Women**.

7:45 am – Festive Shacharit with Chazzanim
Jacob and Ezra Mayer

(Grandson of resident, Yehudit Schwartz)

Divrei Torah- Rabbi Ullman

9:00 am – Festive Hallel with the Mayer Brothers
(Lobby)



10:00 – My Eretz Yisrael
Special Yom Ha'atzmaut Concert
with Yotam Mahler and Gal Klien



11:30 am - Live broadcast of The International Bible Competition (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:30 Seudat Yom Ha'atzmaut (Dining Room)
Pre-registration at reception

2:00 pm – Tehillim for Women (Lobby 3)

4:00 pm – Coffee & Cake (Dining Room)

4:30 pm – Tehillim for Women (Coffee Shop)

4:30 pm – "Israel – the Birth of a Nation" – A documentary film with introduction
by Catriel Sugarman – English with Hebrew subtitles (Golan)

7:05 pm – Mincha

7:20 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm - Live Broadcast of Israel Prize Ceremony (Coffee Shop)

20:00 pm – Ma'ariv

היום תשעה עשר יום שהם שני שבועות וחמישה ימים לעומר.

Friday, 28th of Nisan, 5785, April 1st, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:30 am – "Parshat Hashavua" with Rabbi Ullman – English (Golan)

11:00 am-12:00 pm- Swimming for Men

MAZEL TOV!

To The **Cohen Family** on the birth of a great grand daughter!
To **Yonah Shapiro** on the engagement of a grand daughter!

Speedy Recovery to our dear residents who are hospitalized:

Dr. Devorah Ushpizai

Vivienne Klienman

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Davening Hours

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -7:05 PM
Maa'riv – 8:00 PM

Tehillim for women

Sunday-Thursday
Lobby 3 – 2:00 pm
Coffee Shop – 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)
Coffee & Cake- 4:00 PM

Swimming

Women:

Sunday-Thursday 07:00-09:00

Men:

Sun and Thurs 3:00pm-4:00 pm

Friday- 11:00-12:00

Meal Distribution Hours

Room Service

Breakfast: 7:45-09:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 07:45-08:15

Lunch: 12:00-12:30

Opening hours of Eitan's Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

**Make your appointment
at the front desk**

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

CLINIC HOURS

Weekdays

9:00 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm