



Shabbat Parshat Behaalotcha 5785

Rabbi Shtiebel

Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 17th of Sivan, 5785, June 13th, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" – English (Golan)



6:05 pm – Minchah (Lobby)

Candle Lighting:

- **Lobby** – From **6:20 pm until 6:35 pm** (please do not prepare your candles during the davening)
- **Coffee Shop** – **6:20 pm until 7:10 pm**.

6:35 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 8:05 pm

Seudat Leil Shabbat (Dining Room)

Shabbat, 18th of Sivan, 5785, June 14th, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:15 am – "Parshat Hashavua" with Rabbi Dunner (Beit Haknesset)

11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

1:00 pm – Seudat Shabbat (Dining Room)

6:05 pm – "Parshat Hashavua" with Rabbi Shtiebel - Hebrew (Golan)

7:05 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

8:28 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

Shavua Tov!!!!!!

Sunday 19th of Sivan, 5785, June 15th, 2025

7:00 am – 9:00 am - Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Chafetz Chaim—Laws of Forbidden Speech" with Rabbi Shechter - English (Coffee Shop)

10:00 am – "Rav Charlap" with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise" with Tamar Levin-Women (Golan)

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

2:15 pm – Painting class with Nofar (Coffee Shop) Group A

♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson, ♦Shoshana Chadad ♦Vivien Kleinman ♦Esther Solomon ♦Shoshana Jakobowitz ♦Judy Cohen ♦Rose Rev

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

5:30 pm – "Tehillim" Shiur for women with Ita Schneider-English (לובי 2)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – Special Shiur L'Iluy Nishmat Resident Gershon Copperman in honor of his first yahrzeit – with his son Rabbi Menachem Copperman – English (Golan)

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew (Dvir) change of place

7:15 pm – Mincha

7:30 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

8:10 pm – Maariv

Monday, 20th of Sivan , 5785, June 16th , 2025

7:00 – 9:00 am - Free Swimming for **Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – "Tefilla is *Heart* Work part 3" Workshop on Tefilla with Raizy Steinberg, daughter of former Resident Rabbi Meir Fendel z"l – English (Dvir)

11:45 am – Exercise for Women with Esti (Golan) New time

4:00 pm – Coffee & Cake (Coffee Shop)


4:30 pm – Tehillim for Women (Lobby)



5:00 pm – Afternoon Concert:

with

Erez Shmueli (Lobby)



6:10 pm - Yiddish Reading Group - with Resident Eliyahu Tanis (Lobby 2) !

6:30 - 7:15 pm - The English Library is open

7:15 pm – Mincha

7:30 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: - Details will be posted

8:10 pm – Maariv

Tuesday, 21st of Sivan, 5785, June 17th, 2025

7:00 – 9:00 am -Free Swimming for Women.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30-10:30 am – Exercise Gym open for Men

9:35 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:30 – 11:30 – Exercise Gym open for **Women**

10:20 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:15 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

3:00-6:00 pm – Eitan's Fruit and Vegetable Sale – (Solarium)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Shiur with Binyamin Margo– English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

7:15 pm – Mincha

7:30 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)

8:10 pm – Ma'ariv



Wednesday, 22nd of Sivan , 5785, June 18th , 2025

7:00 –9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 am –1:00 pm – Aviva's Clothing Sale (Coffee shop)

09:30 –10:30 am – Exercise Gym open for **Men**

9:30 am – Choir for Women with Talya Kirsh (Golan)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Beit Haknesset)

10:30 am – "Exercise for Women" with Suri Ordman- (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:35 am – Advanced Exercise - For physically fit women with Naomi (Nehora)

11:30 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Bamidbar" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "More Than Diamonds with Ita Schneider - Women -English (Lobby 2)
- **change of place**

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

6:15 pm – "In-depth Gemara Shiur in English"– (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

7:15 pm – Mincha

7:30 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir)

8:10 pm - Ma'ariv

Thursday, 23rd of Sivan, 5785, June 19th, 2025

7:00 – 9:00 am – Free Swimming for **Women**.

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

9:45 am – Israeli Dance Class with Mazzi – (Golan) New! Come try it out!

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

10:45 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women
with Orah the Physiotherapist (Nehora)**

3:00 pm – 4:00 pm - Free Swimming for Men

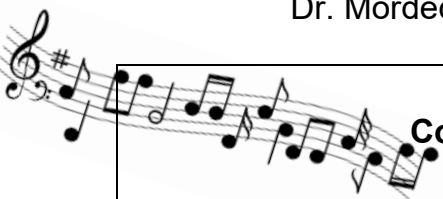
4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Introduction to Understanding the Middle East"
New Series!" with Dr. Mordechai Kedar- English (Golan)**

Dr. Mordechai Kedar is an Israeli scholar of Arab culture and senior lecturer in the Department of Arabic at Bar-Ilan University.

5:30 pm – New Series! "Introduction to Understanding the Middle East" with Dr. Mordechai Kedar - Hebrew (Golan)



18:30 - Thursday Afternoon on the Golan patio
Cool refreshments in the pleasant afternoon breeze.
Musical accompaniment by Lidor Levi



7:15 pm – Mincha

7:30 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

8:00 pm – Movie Night: Details will be posted

8:10 pm – Ma'ariv

Friday, 24th of Sivan , 5785, June 20th, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" – English (Golan)

MAZEL TOV!

To **Helen Friedman** on the birth of a great-grandson!

To **Yonah Shapiro** on the bar mitzva of a grandson!

Speedy Recovery

To **Yehudit Wanderman** (Yehudit bat Sarah) who is hospitalized.

Welcome

Beit Tovei Hair residents, staff and management welcome

Rabbi Chaim Yisrael and Pua Shteiner

Who moved into apt. G03

**Reminder: Ladies who participated in the
Flower Workshop are asked to**

please return the vase to the reception if you have not yet done so.

Thank you!

Davening Hours

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -7:15 PM
Maa'riv – 8:10 PM

Tehillim for women

Sunday-Thursday
Coffee Shop – 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Medical Secretarial Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Social Worker Hours

Sunday, Wednesday, Thursday

9:00 am – 2:00 pm

Monday and Tuesday

2:00 – 7:00 pm

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

**Opening hours of Eitan's
Minimarket (on level -1)**

Tel. 8104

Weekdays 07:30-10:00 am
Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's
Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM
4:00-6:00 PM
Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

**Every Monday and Thursday
in Nehora Wellness Center.**

**Make your appointment
at the front desk**

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

Nurse's Hours

Weekdays

9:00 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm