



Shabbat Parshat Re'eh 5785 Shabbat Mevarchin Chodesh Elul

Rabbi Binyamin Shapiro
Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 28th of Av , 5785, August 22nd, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)



5:45 pm – Minchah (Lobby)

Candle Lighting:

- **Lobby** – From **6:00 pm until 6:15 pm** (please do not prepare your candles during the davening)
- **Coffee Shop** – **6:00 pm until 6:39 pm.**

6:15 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:45 pm

Seudat Leil Shabbat (Dining Room)

Shabbat, 29th of Av, 5785, August 23rd, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:15 am – "Parshat Hashavua" with Rabbi Dunner (Beit Haknesset)

1:00 pm – Seudat Shabbat (Dining Room)

5:35 pm – "Parshat Hashavua" with Rabbi Binyamin Shapiro - Hebrew (Golan)

6:35 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

7:51 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

Shavua Tov!!!!!!

Sunday 30th of Av , 5785, August 24th , 2025 – First Day of Rosh Chodesh Elul

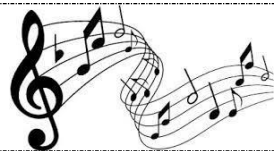
7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

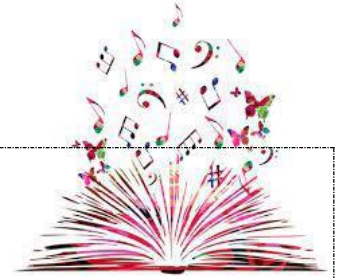


7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**



**9:30 am – Musical Hallel for Women
accompanied by
Talya Kirsch (Golan)**



9:45 am – "Chafetz Chaim—Laws of Forbidden Speech" with Rabbi Shechter -English
(Coffee Shop)

10:30 am – Exercise for men with Shlomi (New Lobby)

10:15 am – "Feldenkreis Exercise" with Tamar Levin-Women (Golan) time change

11:15 am – "Rav Charlap" with Rabbi Michael Tubiano - Hebrew (Golan) time change

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson, ♦Shoshana Chadad ♦Vivien Kleinman
♦Esther Solomon ♦Shoshana Jakobowitz ♦Elisheva Genizi ♦Naomi Garame

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**4:25 pm – "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)
change of time**

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Lobby 2)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:45 pm – Mincha

7:00 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:40 pm – Maariv

Monday, 1st of Elul , 5785, August 25th , 2025 – 2nd Day Rosh Chodesh Elul

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Exercise for Women with Esti (Golan) – change of time

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – "The Spice of Life" with Rabbi Shlomo Estrin – English (Lobby 2)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Dried Flowers from the Holy Land"- with Sarit Lebowitz-Zaltz - English (Golan)

Sarit Lebowitz-Zaltz works in the field of the relationship between people and their environment through cultural heritage and storytelling.

5:30 pm – "Dried Flowers from the Holy Land" with Sarit Lebowitz-Zaltz - Hebrew (Golan)

6:30 - 7:15 pm - The English Library is open

6:45 pm – Mincha

7:00 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: Details will be posted at Reception

7:40 pm – Maariv



Tuesday, 2nd of Elul , 5785, August 26th , 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30-10:30 am – Exercise Gym open for Men

9:35 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:30 – 11:30 – Exercise Gym open for **Women**

10:20 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:15 am - "**Feldenkreis Exercise**" with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder

♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman ♦Leah Rozenzweig ♦Naomi Noyak ♦Shoshana Chadad

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Shiur with Binyamin Margo– English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:45 pm – Mincha

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

7:00 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - Hebrew (Golan)

7:40 pm – Ma'ariv



Wednesday, 3rd of Elul, 5785, August 27th, 2025

Please Note – There is a wedding scheduled in the Gerrer Beit Medrash. Please expect **crowds and increased traffic** in the area.

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 am – 1:00 pm – Nili's Shoe Sale (Coffee Shop)

09:30 – 10:30 am – Exercise Gym open for **Men**

9:30 am – Choir for Women with Talya Kirsh (Golan)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Solarium)

10:30 am – "Exercise for Women" (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Devarim" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (Coffee Shop)

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

5:45 pm – "In-depth Gemara Shiur in English"– (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

6:45 pm – Mincha

7:00 pm – "Shiur" with Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir)

7:40 pm - Ma'ariv

Thursday, 4th of Elul ,5785, August 28th, 2025

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:15 am – Departure for Migdal David trip for those registered

10:00 – 11:00 am – Exercise Gym open for **Women**

10:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women
with Orah the Physiotherapist (Nehora)**

3:00 pm – 4:00 pm - Free Swimming for Men

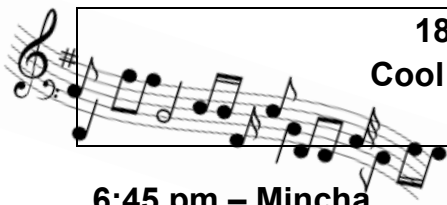
4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Best 20th century Musicals" Musical Lecture with Paul Salter
- English (Golan) All your favourites...and more!"**

5:30 pm – "Eliezer Ben-Yehuda and Family" with Shmulik Langer - Hebrew (Golan)

**18:30 - Thursday Afternoon on the Golan patio
Cool refreshments in the pleasant afternoon breeze.
Musical accompaniment by Yechiel Look**



6:45 pm – Mincha

7:00 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:40 pm – Ma'ariv

7:45 pm – Movie Night: Details will be posted in the Reception

Friday, 5th of Elul , 5785, August 29th, 2025

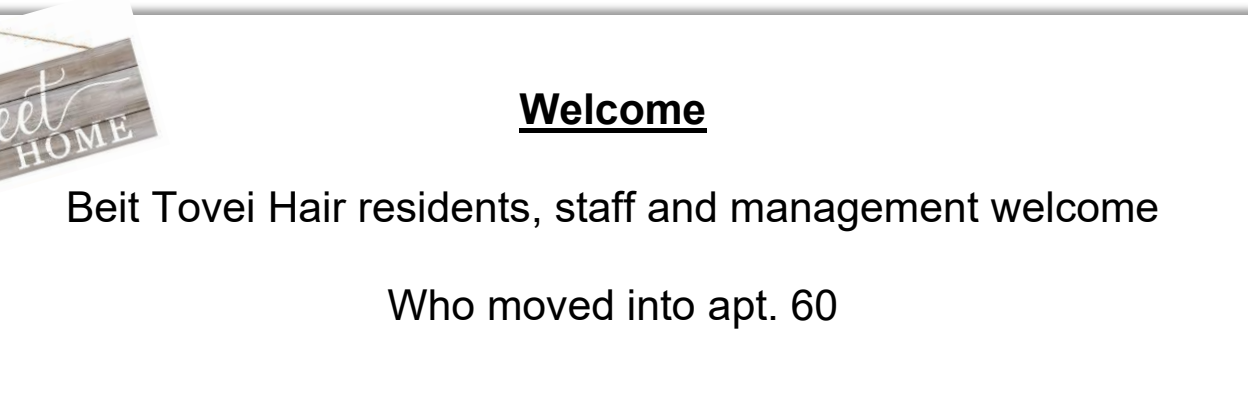
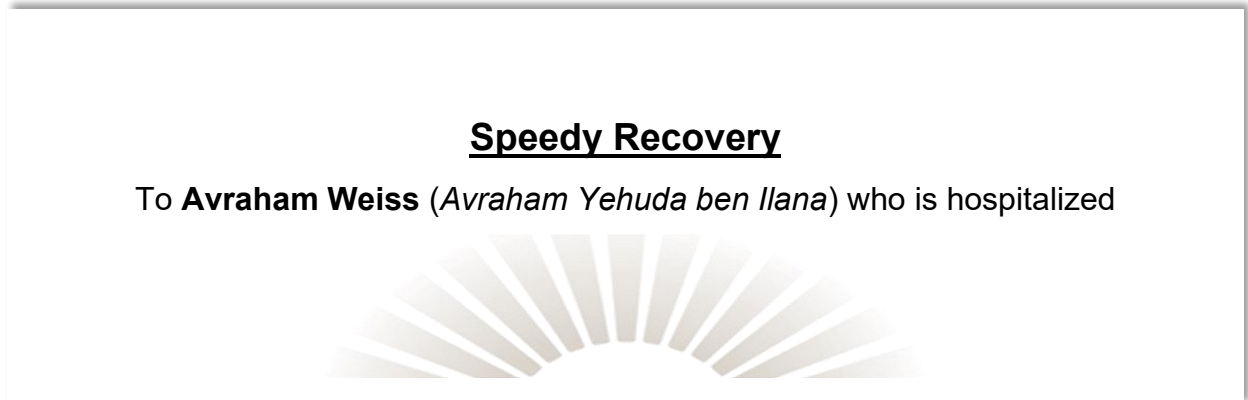
7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)



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Davening Hours

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -6:45 PM
Maa'riv – 7:40 PM

Tehillim for Women

Sunday-Thursday
Lobby– 4:30 pm

Medical Secretarial

Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Social Worker Hours

Sunday, Wednesday, Thursday

9:00 am – 2:00 pm

Monday and Tuesday

2:00 – 7:00 pm

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Opening hours of Eitan's

Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's

Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

**Make your appointment
at the front desk**

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

Service Desk Hours

Sunday- Thursday

10:00 am – 1:00 pm /4:00-6:00 pm

Extension – 8475

Email - sherut@toveihair.co.il

Whatsapp/Cell phone 054-3551067