

Tishrei Series: Special Shiurim for the Chagim

Tuesday, September 9th

Rabbi Dick: "Good Intentions, Tragic
Outcomes"

7.00 pm - Coffee Shop

Tuesday, September 16th

Rabbi Ullman: "Preparation for Rosh Hashanah"

4:30 pm - Coffee Shop

Sunday, September 21st

Rabbi Avi Tayor: "Unity of Israel through the
Shofar"

10:30 am - Dvir



Dear Residents,
The Dry Cleaners will be doing pickup on
Sunday September 14th (instead of Tuesday)

Dear Residents,

As part of Beit Tovei Hair's preparations for the
Tishrei Holidays -

You will receive a meal registration form in your mailbox. Please
fill out the form carefully, paying attention to all the details.

Rosh Hashanah falls out on Monday 22.9.25,

Even if you are not interested in meals, you are asked to fill it out
on the form.

Please submit it to reception by Sunday 14.9.25

Looking for Opera lovers to form a group to watch operas from the
Met in NY in private apartments at Beit Tovei Ha'lr.

Please contact Hensha Gansbourg if you are interested in
The group will decide what time and day works best for them.

Dear Residents,

With great investment of time and resources, and in order to contribute to your preparation
and anticipation for the Holidays, we are honored to present a series of special shiurim in
each language for the Chagim which will take place through the coming weeks, and will be
published with the regular schedule in the bulletin, and as a separate flyer highlighting the
special lectures.

Included in the series are workshops in each language for Rosh Hashanah and Yom Kippur
which are intended to familiarize you with the new "Number System" and help you
personalize the system with your own machzor before the holiday in order to glean its
maximum benefit. The prayers are long and complicated, and often challenging to follow for
understandable reasons. The system is designed to help residents more fully connect to and
appreciate the lengthy prayers, in order that they be more accessible, meaningful and
uplifting.

We encourage you to join the workshops led by Rabbi Ullman accompanied by staff and
volunteers, to prepare as a community for the very important days ahead. We will provide the
worksheets and pens, and hope to keep copies of your personalized forms for your future
benefit. **Please bring your personal Rosh HaShanah machzor to the workshop.** Blank
forms will also be available at Reception for your convenience.

Shabbat Candle Lighting Guidelines

As we welcome the serenity and sanctity of Shabbat, we ask residents, guests, caregivers, and staff to please take note of the following guidelines. These are intended to help preserve the atmosphere of respect and holiness for everyone in our community.

Lighting Near the Coffee Shop: The candle lighting area by the Coffee Shop is designated for women. It has been expanded to enable more women to light with comfort and convenience. For considerations that follow, we encourage all women to use this area instead of the elevator area (where men light, as below).

New Lighting Area: In our effort to make candle lighting more pleasant for all, a new, elegant lighting area has been implemented in the Golan. Everyone who dines in the Golan is kindly requested to light there.

Quiet in the Lobby: When gathering in the lobby to light Shabbat candles, please maintain a quiet and respectful environment. Conversations and noise carry through the curtains and disturb the prayer taking place within. Let's work together to preserve the serenity of this sacred time.

Timing Matters: Lighting candles before the published time does not fulfill the mitzvah, and saying the blessing too early is not valid. While it's beautiful to be eager for the mitzvah, please ensure you light only after the appointed time. There is ample time following Mincha and during the break to light. In fact, waiting until after others light facilitates your doing so more calmly and meaningfully.

Mincha and Lighting Near the Elevators: Mincha may end later than the published lighting time. Please wait until after Mincha to light in the elevator area, so as not to disrupt the prayer. This includes both lighting and any preparation of the candles.

Men's and Women's Sections: In the elevator lighting area, the side sections are designated for women, and the central section is reserved for men. Women are kindly asked to leave the middle space open for the men to light Shabbat candles.

Following Staff Guidance: Please follow the instructions of our staff, and kindly ensure that your caregivers do the same. This is an important expression of respect for prayer, community, and Shabbat.

Preparing Candles: Pre-lighting the candles is not a requirement, especially since the candles are made for easy lighting. Since doing so causes delay for others, it is actually preferable not to pre-light them. If you nevertheless choose to prepare your candles, please wait until after the official lighting time, and please allow those who do not pre-light to light first.

Matches Distribution: Please refrain from asking staff for matches before the designated time. Staff are instructed not to distribute them early, and asking them creates an uncomfortable situation. The Shabbat Manager will distribute them at the proper time. We appreciate your patience and understanding.

Candle Lighting Order: When lighting, please use the candles furthest from you. This prevents others from needing to reach over lit flames and helps maintain safety and order.

Used Matches: Special containers are provided at each lighting station for used matches. Kindly place all used matches in these containers to help keep the area clean and respectful for all.

Personal Prayers: If you wish to recite personal prayers after lighting, please step away from the candle area to allow others to light. These prayers are just as cherished by Hashem at a distance from the candles, particularly since stepping away enables others to fulfill their mitzvah.

With your cooperation, we can create a peaceful environment for all as we welcome Shabbat together.



Shabbat Parshat Ki Tavo 5785
Rabbi Yehuda Rabinowitz
Mrs. Sima Kliers (Manager on Duty)

Friday, 19th of Elul, 5785, September 12th, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)

5:20 pm – Minchah (Lobby)

Candle Lighting:

- **Lobby** – From **5:35 pm** until **5:50 pm** (please do not prepare your candles c the davening)
- **Coffee Shop** – **5:35 pm** until **6:13 pm**.

5:50 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:15 pm

Seudat Leil Shabbat (Dining Room)

Shabbat, 29th of Elul, 5785, September 29th, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:15 am – "Parshat Hashavua" with Rabbi Dunner (Beit Haknesset)

11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

1:00 pm – Seudat Shabbat (Dining Room)

5:20 pm – "Parshat Hashavua" with Rabbi Yehuda Rabinowitz - Hebrew (Golan)

6:10 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

7:25 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby



Shavua Tov!!!!!!

Sunday 21st of Elul , 5785, September 14th, 2025

Please note the changes in the schedule on Sunday and Monday

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Masechet Shabbos" with Rabbi Shechter - English (Coffee Shop)
(Men and Women)

10:00 am – "Rav Charlap " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:15 am – Functional Art with Devori (Coffee Shop) – **Change of Day**

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Sun, Moon and Stars" with Paul Salter - English (Golan)
Planetary music with a touch of Rosh Hashana

5:30 pm – "The Shofar of Now and Then" with Efrat Bazak – Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Lobby 2)

6:30 pm – Mincha

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:00 pm – Evening Concert
Singing with Erez Shmueli



7:25 pm – Maariv

Monday, 22nd of Elul , 5785, September 15th , 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)



10:45 - L'Chaim for Rosh Hashana

**With Musical performance by Meir Barbi
(Lobby)**



After the Event - "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew
(Beit Haknesset)

After the Event "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz
(Beit Haknesset)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson, ♦Shoshana Chadad ♦Vivien Kleinman ♦Esther Solomon ♦Shoshana Jakobowitz

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Aging in Wellness and Adversity" with Dr. Leah Abromowitz, Founder of Melabev - English (Golan)

5:30 pm – Aging in Wellness and Adversity" with Dr. Leah Abromowitz, Founder of Melabev - Hebrew (Golan)

6:30 - 7:15 pm - The English Library is open

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)
Change of Day

6:30 pm – Mincha

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:25 pm – Maariv

7:30 pm – Movie Night: To Be Announced

Tuesday, 23rd of Elul , 5785, September 16th , 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30-10:30 am – Exercise Gym open for Men

9:35 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:15 am – "Three Shofars – HaRav Kook" with Tzvia Levuvi – Golan (Hebrew)

10:30 – 11:30 – Exercise Gym open for **Women**

10:20 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Lobby 2)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – – Exercise for Women with Esti (Golan) change of day

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Shiur with Binyamin Margo – English (Golan)

4:30 pm – Rosh HaShanah Prayer Prep Workshop – Hebrew (Coffee Shop)

5:30 pm - Rosh Hashana Preparation with Rav Natan Shapiro – Hebrew (Golan)

5:30 pm – Rosh Hashana Preparation with Rabbi Ullman (Dvir)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – Mincha

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)

7:25 pm – Ma'ariv



Wednesday, 24th of Elul , 5785, September 17th, 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 am –1:00 pm – Nati's Sale: natural Cosmetics, Fashion Jewelry, Toys, and Gifts for the Chag (Coffee shop)

09:30 –10:30 am – Exercise Gym open for **Men**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Solarium)

10:30 am – "Exercise for Women" (Golan)

11:30 am – Choir for Women with Talya Kirsh (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Packaging gifts for Mothers of Soldiers (Golan)

5:45 pm – "In-depth Gemara Shiur in English"– (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm – Mincha

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:25 pm - Ma'ariv

7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir)

Thursday, 25th of Elul ,5785, September 18th, 2025

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women
with Orah the Physiotherapist (Nehora)**

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "-Lebanon – Part 2" with Dr. Mordechai Nisan - English (Golan)

5:30 pm – "Akeidat Yitzchak" with Doba Kelerman - Hebrew (Golan)

**5:30 pm – Rosh HaShanah Prayer Prep Workshop – for those Davening
in Beit Tovei Hair – English Coffee Shop)
Please bring along your Machzor**

6:30 pm – Mincha

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – Ma'ariv

7:45 pm – Movie Night: To Be Announced

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

MAZEL TOV!

To **Chaim and Rivka Shoshani** on the marriage of a grandson!
To **To Rabbi Shlomo and Chana Gilat** on the bar mitzva of a grandson!

Speedy Recovery to our Residents who are hospitalized:

Chana Tavel (*Chana bat Rachel*)

Dora Elmaliach (*Dora bat Esther*)

Judy Frankel (*Yehudit Sarah bat Rachel*)

Varda Butcher (*Varda bat Pessel Rachel*)



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Davening Hours

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -6:30 PM
Maa'riv – 7:25 PM

Tehillim for Women

Sunday-Thursday
Lobby– 4:30 pm

Medical Secretarial

Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Social Worker Hours

Sunday, Wednesday, Thursday

9:00 am – 2:00 pm

Monday and Tuesday

2:00 – 7:00 pm

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Opening hours of Eitan's

Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's

Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

Make your appointment
at the front desk

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

Service Desk Hours

Sunday- Thursday

10:00 am – 1:00 pm /4:00-6:00 pm

Extension – 8475

Email - sherut@toveihair.co.il

Whatsapp/Cell phone 054-3551067