

Shabbat Vayetze 5786

A trip in the footsteps of the Maccabees

- ◆ New Hasmonaean Museum in Modi'in,
- ◆ Observation of the Maccabee Battles area
- ◆ Picnic lunch

Tuesday, December 2nd (12th of Kislev),

Guided by Zipporah Filtz

Departure from Lobby: 9:30 am

Estimated return: 4:00 pm

Price: 245 NIS (All included)



In case of rain, we will go only to the museum and the price will change

Family Day on Hanukkah

Monday, "Zot Hanukkah" – 22.12.25

Beit Tovei Ha'ir will be transformed into a festive world of games, activities, and fun for the whole family!

You are invited to bring your children, grandchildren, and great-grandchildren and register at the reception.

More details will follow.

MAZEL TOV!

To **Yona Shapira** on the birth of a great-grandson!

To **Necha Rosner** on the birth of a great-grandson!

Shabbat Parshat Vayetze 5786
Rabbi Yehudah Rabinowitz
Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 8th of Kislev, 5786, November 28th, 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)



4:00 pm Candle Lighting

Lighting in the Lobby must be completed **before the beginning of Mincha**.

Afterward, please light near the Coffee Shop or in the Golan Hall, based on your meal location.

4:20 pm – Minchah (Lobby)

4:35 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

7:30 pm - "Parshat Hashavua" with Rabbi Yehuda Rabinowitz - Hebrew (Beit Haknesset)

Shabbat, 9th of Kislev, 5786, November 29th, 2025

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

Kiddush (Dining Room)

11:00 am – "Parshat Hashavua" with Rabbi Dunner - English (Beit Haknesset)

11:15 am – Shiur for Women with Duba Kelerman - Hebrew (Lobby 3)

12:30 pm – Seudat Shabbat (Dining Room)

3:55 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

5:14 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

7:00 pm – Motzai Shabbat Concert with Erez Shmueli (Lobby)



Shavua Tov!!!!!!

Sunday 10th of Kislev , 5786, November 30th , 2025

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Shiur " with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Charlap " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

12:30 pm – Mincha

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop + Solarium)

4:30 pm – Tehillim for Women (Lobby)

4:25 pm "We and the Tanach" with Rabbi Amihud Glazer – English (Golan)

5:25 pm - We and the Tanach" with Rabbi Amihud Glazer – Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:30 pm – Maariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Game Night with Naomi Mauer- NEW!! (Coffee Shop)

All residents are welcome to play and enjoy! Feel free to bring your own games as well



Monday, 11th of Kislev , 5786, December 1st , 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for Women with Esti (Golan)

12:30 pm – Mincha

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

♦Chana Tavel, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson, ♦Shoshana Chadad ♦Vivien Kleinman ♦Esther Solomon ♦Shoshana Jakobowitz

4:00 pm – Coffee & Cake (Coffee Shop + Solarium)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm **"The Stock Market Demystified, and Safe, Simple, Smart Low-Risk Investing "**
with Resident Jack Zweik - English (Golan)

5:30 pm – "Health Policy in Israel - All Rights Reserved for the Elderly" with Dr. Zohra Cohen,
Senior Gerontologist -with Dr. Zohara Cohen - Hebrew (Golan) *It is possible and even desirable to invite family members.*



6:30 - 7:15 pm - The English Library is open

6:30 pm – Maariv

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: Details will be posted at the reception

Tuesday, 12th of Kislev , 5786, December 2nd , 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

09:30 – Departure on trip following the Maccabees- for those registered

9:30-10:30 am – Exercise Gym open for Men

9:45 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am- "The hunger for Torah" with Rabbi David Stern – Hebrew (Beit Haknesset)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Golan)

12:30 pm – Mincha

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop + Solarium)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Medical Ethics in Halacha and Hashkafa" with Rabbi Dick – English (Golan)

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – Ma'ariv

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapiro (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)

7:30 pm- "Open Talk" with Yitzchak the social worker – English (Coffee Shop)



Wednesday, 13th of Kislev, 5786, December 3rd, 2025

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:00 am – 1:00 pm – Nati's Sale: Natural Cosmetics and Jewelry (Coffee shop)

09:30 – 10:30 am – Exercise Gym open for **Men**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Beit Haknesset)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yisrael Seletzki (Beit Haknesset)

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop + Solarium)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Bamidbar" with Rabbi Aaron Adler - English (Golan)

5:00 pm – Game Club with Seminary Students (Coffee Shop)

5:30 pm – "More Than Diamonds"-Insights into the Parsha and Pirkei Avot with Ita Schneider- Women -English (**Lobby 2**) **Place Change**

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

5:30 pm – "**In-depth Gemara Shiur in English**" with Rabbi Dick– (Beit Haknesset)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)



Thursday, 14th of Kislev ,5786, December 4th , 2025

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Advanced Exercise Class For women with Orah (Nehora)

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop + Solarium)

4:30 pm – 6:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Ein Karem from the 2nd Temple till the 20th Century" with Raanan Hirsch-English (Golan)

5:30 pm – Ein Karem from the 2nd Temple till the 20th Century" with Raanan Hirsch - Hebrew (Golan)

6:30 pm – Ma'ariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Details will be posted at Reception



Friday, 15th of Kislev , 5786, December 5th , 2025

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

Davening Hours

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -12:30PM
Maa'riv – 6:30 PM

Tehillim for Women

Sunday-Thursday
Lobby– 4:30 pm

Medical Secretarial

Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Social Worker Hours

Sunday, Monday and Wednesday

9:00 am – 2:00 pm

Tuesday and Thursday

2:00 – 7:00 pm

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Opening hours of Eitan's

Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's

Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

**Make your appointment
at the front desk**

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

Service Desk Hours

Sunday- Thursday

10:00 am – 1:00 pm /4:00-6:00 pm

Extension – 8475

Email - sherut@toveihair.co.il

Whatsapp/Cell phone 054-3551067