



## **Family Day on Hanukkah**

**Monday, "Zot Hanukkah" – 22.12.25**

**From 10:30 am to 6:00 pm**

*Beit Tovei Ha'ir will be transformed into a festive world of games and activities,*

😊 **A variety of activity stations**

😊 **"A Race to Hanukkah" – a multi-station family game**

😊 **Olive-oil workshop**

😊 **Challenge and logic games**

*Fun for the whole family!*

### **Children's meals available for order:**

- ◆ **Lunch** – Fried Chicken Nuggets with Fries and a drink - **35 Shekel** – when ordered in advance
- ◆ **Supper** – Falafel with fries and a drink – **30 Shekel** when ordered in advance.

**There will be a 10-Shekel charge for meals not pre-ordered.**

**We can not guarantee a meal to those who have not registered in advance**



**Pre-registration for activity day and meals at the reception or via a link that will be sent to families by WhatsApp.**

*Invite your children, grandchildren, and great-grandchildren and register at the reception.*

## Shabbat Parshat Vayishlach 5786

**Rabbi Kreuzer**

**Mrs. -Sima Kliers (Manager on Duty)**

### **Friday, 15<sup>th</sup> of Kislev, 5786, December 5<sup>th</sup>, 2025**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hadafe Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

**11:00 am -12:00 pm - Swimming for Men**

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)



### **3:59 pm Candle Lighting**

Lighting in the Lobby must be completed **before the beginning of Mincha.**

Afterward, please light near the Coffee Shop or in the Golan Hall, based on your meal location.

4:20 pm – Minchah (Lobby)

**4:35 pm** – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

**7:30 pm** - "Parshat Hashavua" with Rabbi Kreuzer - Hebrew (**Beit Haknesset**)

### **Shabbat, 16<sup>th</sup> of Kislev, 5786, December 6<sup>th</sup>, 2025**

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

**Kiddush (Dining Room)**

**11:00 am – "Parshat Hashavua" with Rabbi Dunner - English (Beit Haknesset)**

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

**12:30 pm – Seudat Shabbat (Dining Room)**

3:55 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

**5:14 pm – End of Shabbat.** Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby



**7:30 pm – Motzai Shabbat Concert-Israeli and Chasidish songs and Chazanut with Chazzan Meir Dorphman (Lobby)**

***Shavua Tov!!!!!!***

**Sunday 17<sup>th</sup> of Kislev , 5786, December 7<sup>th</sup> , 2025**

**Dear Residents with an Emergency Call Button Watch or Necklace:**

**This Sunday, December 7, a staff member will come to your apartment to change the battery in your emergency call button watch/necklace.**

**Please be available from 8:30-10:00 in the morning.**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Shiur " with Rabbi Shechter -English (Coffee Shop)

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

**12:30 pm – Mincha**

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Lights! Music!": Music about light, including Chanukah favorites."  
with Paul Salter- English (Golan)**

5:30 pm – "News & Media" with Ariel Kahana- . Diplomatic and political journalist and  
**Commentator**, - Hebrew (Golan)

**5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)**

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

**6:30 pm – Maariv**

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

**7:30 pm – Game Night with Naomi Mauer- (Coffee Shop)**

*All residents are welcome to play and enjoy! Feel free to bring your own games as well*



**Monday, 18<sup>th</sup> of Kislev , 5786, December 8<sup>th</sup> , 2025**

6:15-6:50 – Free Swimming for Men

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Lecture on Shai Agnon with Dr. Michal Shir-El – Hebrew (Golan)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for Women with Esti (Golan)

**12:30 pm – Mincha**

**2:00 pm – Painting class with Nofar (Coffee Shop) Group A**

, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman  
♦Esther Solomon ♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "**The Power of the Pen: Unlocking Creativity Through Writing -  
Awakening the writer within at any age**" with Sarina Furer- English  
(Golan)

5:30 pm – Knowledge is Worth Gold — Rights in Hospitals, Kupat Cholim, and Long-Term  
Care Insurance — with Dr. Zohara Cohen - Hebrew (Golan)

**6:30 - 7:15 pm** - The English Library is open

**6:30 pm – Maariv**

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: **GOOD SAM** (2019)(Golan) English with English subtitle  
*When a mysterious good samaritan leaves \$100,000 cash on seemingly random  
doorsteps, New York City news reporter Kate Bradley sets out to discover the true  
identity and motive of "Good Sam."*

## **Tuesday, 19<sup>th</sup> of Kislev , 5786, December 9<sup>th</sup> , 2025**

**6:15-6:50 – Free Swimming for Men**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

**9:45 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "The Prohibition Against Shaming" with Rabbi Stern-Hebrew (Golan)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

*Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman*

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

**11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Golan)**

**12:30 pm – Mincha**

**12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)**

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Medical Ethics in Halacha and Hashkafa" with Rabbi Aschi Dick – English (Dvir) Place Change**

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Dvir) **Place Change**

6:00 pm – Music in the Lobby with Asaf

**6:30 pm – Ma'ariv**

6:30 pm – "Smartphones, AI, Computers " with Ezra Shapira – (Coffee Shop) **Place Change**

**6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)**

7:25 pm – "Smartphones, AI, Computers " with Ezra Shapira - Hebrew (Coffee Shop) **Place Change**



**Wednesday, 20<sup>th</sup> of Kislev , 5786, December 10<sup>th</sup> , 2025**

**6:15-6:50 – Free Swimming for Men**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

**9:00 am –1:00 pm – Aviva's Sale Women's and men's clothing  
undergarments, cosmetics, and gifts (Coffee shop)**

09:30 –10:30 am – Exercise Gym open for **Men**

**9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English Beit Haknesset

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

**12:30 pm – Mincha**

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Let there be light: Enlightening musical experiences in songs and  
classical music" with Dr. Aviva Stanislavsky - English (Golan)**

5:30 pm – "More Than Diamonds" -Parsha and Pirkei Avot with Ita- Women -English (Coffee Shop)

5:30 pm – "Let there be light: Enlightening musical experiences in songs and classical music  
with Dr. Aviva Stanislavsky - Hebrew (Golan)"

5:30 pm – "In-depth Gemara Shiur in English" with Rabbi Dick– (Beit Haknesset)

**6:30 pm – "Yud Tes Kislev Farbrengen for women— Learning and Inspiration with Mrs.  
Devorah Ebert – Hebrew- (Lobby 3) light Refreshments  
*Your chance to join — we're reviewing the basics***

**6:30 pm - Ma'ariv**

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)



**Thursday, 21<sup>st</sup> of Kislev ,5786, December 11<sup>th</sup> , 2025**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Coffee Shop)

10:00 – 11:00 am – Exercise Gym open for **Women**

**10:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

**11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women  
with Orah the Physiotherapist (Nehora)**

**11:45 pm – Sweet kindergarten girls from Bnot Hadassa- English and Yiddish  
speaking School singing Chanukah songs - Women (Golan)**



**12:30 pm – Mincha**

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

**4:30 pm – 6:30 pm - Free Swimming for Men**

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "BrainGym Workshop to sharpen the brain" with Aharon - English (Golan)**

**4:30-5:30 pm – Thinking games to challenge the brain (Lobby)**

5:45 pm – "BrainGym Workshop" Brain games to sharpen the brain with Aharon -  
Hebrew (Golan)

6:30 pm – Ma'ariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Movie Night: **GOOD SAM** (Golan) **English with Hebrew subtitles**

When a mysterious good samaritan leaves \$100,000 cash on seemingly random doorsteps, New York City news reporter Kate Bradley sets out to discover the true identity and motive of "Good Sam."

**Friday, 22<sup>nd</sup> of Kislev , 5786, December 12<sup>th</sup> , 2025**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

**11:00 am-12:00 pm- Swimming for Men**

11:30 am – "Parshat Hashavua" with Rabbi Ullman/ Rabbi Dick – English (Golan)

**MAZEL TOV!**

To **Yitzchak Hadari** on the birth of a great Granddaughter!

To **Tirza Kanievsky** of the finance Department on **her engagement!**

**Speedy Recovery**

To **Chaya Graus** who is hospitalized

To **Loreta Harstein** who is hospitalized

To **Dr. Donald Cohen** who is hospitalized

To **Chaim Shoshani** who is hospitalized

To **Joanna Weiss** who is hospitalized

**Please turn off cell phones  
in programs and lectures  
Because we all want to enjoy  
and we all agree it annoys 😊**





## ANNOUNCEMENTS

**Weight loss support with, Genesia, the Nutritionist on Tuesday mornings (additional charge).**

**For more details and registration contact Ruchie the secretary, at 02-531-8403.**

Dear Residents!

If the elevator gets stuck and you are in it,  
The alarm bell must be pressed **for 7 consecutive seconds**  
**without letting go**

**Please Note!!!**

**If the elevator is on Shabbat mode,  
when the buzzer sounds  
DO NOT TOUCH THE DOOR & DO NOT ENTER!!**

You are kindly requested to sign your name in the "In/Out Sign-In Sheet" before you leave the building and upon returning home.

Residents who leave for Shabbat, must notify the Reception

We thank you for your assistance.

Therapeutic & Relaxation

# MASSAGE AND REFLEXOLOGY

For Women of Beit Tovei Ha'ir  
Special offer- Five treatments and the sixth is free

MASSAGE 2800  
REFLEXOLOGY 2100

Tali Rubiovich  
054-671-5300  
tmt15300@gmail.com



**Discover the perfect way to relax.  
Come in once to try it. Return for the results.**

**To Book a Massage call :  
Tali – 054-671-5300**

**Davening Hours**

Shacharit –Berachot 7:20 AM,  
Hodu 7:30 AM,  
Minchah -12:30PM  
Maa'riv – 6:30 PM

**Tehillim for Women**

Sunday-Thursday  
Lobby– 4:30 pm

**Medical Secretarial**

**Hours:**  
**Sunday-Thursday**  
**9:00 am- 2:00 pm**

**Meal Hours in Dining Room**

Lunch, 12:30-1:45 PM  
(arrive by 1:15)

**Coffee Shop**

Coffee & Cake- 4:00 PM

**Social Worker Hours**

**Sunday, Monday and Wednesday**  
9:00 am – 2:00 pm  
**Tuesday and Thursday**  
2:00 – 7:00 pm

**Meal Distribution Hours**

**Room Service**

Breakfast: 7:45-9:00  
Lunch: 12:00-1:00  
Dinner: 5:30-6:30

**Take Away**

Breakfast: 7:45-8:15  
Lunch: 12:00-12:30

**Nurse's Hours + Phone Service**

Weekdays

8:30 am- 1:00pm  
3:00-6:00 pm

Friday

09:00 am- 1:00pm

**Opening hours of Eitan's  
Minimarket (on level -1)**

**Tel. 8104**

Weekdays 07:30-10:00 am  
Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's  
Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM  
4:00-6:00 PM  
Friday 10:00 am-12:00 noon

**YIFAT-**

**LADIES HAIRDRESSING**

Every Monday and Thursday  
in Nehora Wellness Center.

Make your appointment  
at the front desk

**Medical Accessories Gemach**

Open in the clinic

Please speak with Sima or Pessi

**Service Desk Hours**

**Sunday- Thursday**

10:00 am – 1:00 pm /4:00-6:00 pm  
Extension – 8475

Email - [sherut@toveihair.co.il](mailto:sherut@toveihair.co.il)

Whatsapp/Cell phone 054-3551067