

Shabbat Parashat Bo 5786

Vaad News

**On Sunday , Monday & Tuesday, January 25, 26 and 27
we will be hosting a membership drive for the Amuta.
Hours are Sunday-Monday 10:30 am-1:00 pm, and 4:00 pm-5:00 pm;
Tuesday ,10:30 am -2:00 pm**

Membership fees are 100 shekels per person. Payment is in cash only.

**Residents who are willing and able to help with this important effort by
manning the collection tables, are asked to contact the Va'ad representatives:
Elisheva Genizi, Lee Dorshav, Julia Aaronson or Naomi Mauer**

SAVE THE DATE!!!

Day trip to the Jordan Valley- Thursday, February 12th

Details to follow

Reminder

Nurse's Hours + Phone Service phone 8143

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Shabbat Parshat Bo 5786

Rabbi Kreuzer

Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 5th of Shvat, 5786, January 23th, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)



4:29 pm Candle Lighting

Lighting in the Lobby must be completed **before the beginning of Mincha**.

Afterward, please light near the Coffee Shop or in the Golan Hall, based on your meal location.

4:50 pm – Minchah (Lobby)

5:05 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

7:30 pm - "Parshat Hashavua" with Rabbi Kreuzer - Hebrew (Beit Haknesset)

Shabbat, 6th of Shvat, 5786, January 24th, 2026

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

Kiddush (Dining Room)

10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

12:30 pm – Seudat Shabbat (Dining Room)

4:25 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

5:44 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby



8:00 pm – Motzai Shabbat Concert: A musical Journey around the world

with Yaakov- Clarinet & Valeri- accordion (Lobby)

Shavua Tov!!!!!!

Sunday 7th of Shvat , 5786, January 25th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Shiur " with Rabbi Shechter -English (Dvir)

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2) **Day Change**

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30-1:00 - Membership drive for the Amuta.(Lobby)

10:30 am – Exercise for men with Shlomi (New Lobby)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (Golan) **Day Change**

11:30 am – 12:30 pm - Exercise Gym open for **Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

12:30 pm – Mincha

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00-5:00 pm - Membership drive for the Amuta (Lobby)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm "Nusach Unlocked : The Music Behind the Word" with Chazzan Yisrael

Weinberger. - English (Golan)

5:30 pm- "The Ambassador's Wife – Not Just Champagne and Caviar" with Sima Miron- Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)
6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:30 pm – Maariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Game Night with Naomi Mauer- (Coffee Shop)

All residents are welcome to play and enjoy! Feel free to bring your own games as well



Monday, 8th of Shvat , 5786, January 26th, 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Dvir)

10:30-1:00 - Membership drive for the Amuta.(Lobby)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for Women with Esti (Golan)

11:45 am - Health Exercise using mats – for Physically able Women with Ora ,the Physiotherapist (Nehora)

12:30 pm – Mincha

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00-5:00 pm - Membership drive for the Amuta.(Lobby)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – International Holocaust Memorial Day:
"Beyond All Odds-A story of Courage" with Resident Varda Butcher, 2nd Generation to Holocaust Survivors - English (Golan)

5:00 pm- "Brain Booster" with Sari Cohen- Hebrew (Dvir)

5:30 pm – **International Holocaust Memorial Day** "The Chinese Schindler – The Consul Who Saved Jews" with Tzofia Lifshitz - Hebrew (Golan)

6:30 - 7:15 pm - The English Library is open

6:30 pm – Maariv

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night:**"WWII in Color: Road to Victory"** *Gripping historical footage and expert commentary give detailed insights into the leading figures and decisive turning points of WWII."* (Golan) English with Hebrew subtitles

Tuesday, 9th of Shvat , 5786, January 27th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 am- "Brain Booster" with Sara Nappe- English (Coffee Shop)

10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (Golan)

10:30-2:00 pm - Membership drive for the Amuta.(Lobby)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am - "Feldenkreis Exercise" with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30 pm – Mincha

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm- "Joint Torah Study- Lab Grown Meat Part 2" (men and women) with Rabbi Aschi Dick- Hebrew (Golan)

5:30 pm – "- Lab Grown Meat Part 2" with Rabbi Aschi Dick – English (Coffee Shop) change time

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – Ma'ariv

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - Hebrew (Golan)



Wednesday, 10th of Shvat , 5786, January 28th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

**9:00 am – 1:00 pm – Zehava's Sale: bags, purses and jewelry
(Coffee shop)**

09:30 – 10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Shmot" with Rabbi Aaron Adler - English (Golan)

**5:30 pm – "More Than Diamonds"- Parsha and Pirkei Avot with Ita - Women -English
(Coffee Shop)**

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm – "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)

Thursday, 11th of Shvat ,5786, January 29, 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am –Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 –10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

11:00 am – Men's Feldenkrais Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women
with Orah the Physiotherapist (Nehora)**

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – 6:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "First Feminist Jewish Writer" with Sara Jo Ben-Zvi- editor of Segula Magazine- English (Golan)

5:30 pm – "Am I My Body's Keeper?" with Resident Michael Kaufman-Hebrew (Coffee Shop)

5:30 pm- Open Discussion with Yitzchak , the social worker -Hebrew (Nehora)

6:30 pm – Ma'ariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Movie Night: "**KUGEL**" Israeli mini-series- Chapters 1-2 (Golan) **Hebrew with Hebrew subtitles**

Nukhem is a merchant, selling jewelry, his daughter Libbie is a teacher and an aspiring writer.

Friday, 12th of Shvat , 5786, January 30, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

MAZEL TOV!

To **Rachel Bagelman** on the engagement of her granddaughter!

To **Alter & Bella Shields** on the birth of a great-granddaughter!

Speedy Recovery

To **Elisheva Genizi** who is hospitalized

To **Sara Tanis** who is hospitalized

Condolences

Beit Tovei Hai'r and its residents share in the grief upon the passing of

Yitzchak Levavi A" H

Beit Tovei Hai'r and its residents share in the grief upon the passing of

Rabbi David Cohen A" H

May you be comforted among the mourners of Zion and Jerusalem

