

Shabbat Parashat Bo 5786

Vaad News

**On Sunday , Monday & Tuesday, January 25, 26 and 27
we will be hosting a membership drive for the Amuta.
Hours are Sunday-Monday 10:30 am-1:00 pm, and 4:00 pm-5:00 pm;
Tuesday , 10:30 am -2:00 pm**

Membership fees are 100 shekels per person. Payment is in cash only.

**Residents who are willing and able to help with this important effort by
manning the collection tables, are asked to contact the Va'ad representatives:
Elisheva Genizi, Lee Dorshav, Julia Aaronson or Naomi Mauer**

SAVE THE DATE!!!

Day trip to the Jordan Valley- Thursday, February 12th

Details to follow

Reminder

Nurse's Hours + Phone Service phone 8143

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Shabbat Parshat Bo 5786

Rabbi Kreuzer

Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 5th of Shvat, 5786, January 23th, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)



4:29 pm Candle Lighting

Lighting in the Lobby must be completed **before the beginning of Mincha**.

Afterward, please light near the Coffee Shop or in the Golan Hall, based on your meal location.

4:50 pm – Minchah (Lobby)

5:05 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

7:30 pm - "Parshat Hashavua" with Rabbi Kreuzer - Hebrew (Beit Haknesset)

Shabbat, 6th of Shvat, 5786, January 24th, 2026

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

Kiddush (Dining Room)

10:45 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

12:30 pm – Seudat Shabbat (Dining Room)

4:25 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

5:44 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby



**8:00 pm – Motzai Shabbat Concert: A musical Journey around the world
with Yaakov- Clarinet & Valeri- accordion (Lobby)**

Shavua Tov!!!!!!

Monday, 8th of Shvat , 5786, January 26th, 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Dvir)

10:30-1:00 - Membership drive for the Amuta.(Lobby)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for Women with Esti (Golan)

11:45 am - Health Exercise using mats – for Physically able Women with Ora ,the Physiotherapist (Nehora)

12:30 pm – Mincha

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00-5:00 pm - Membership drive for the Amuta.(Lobby)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – International Holocaust Memorial Day:
"Beyond All Odds-A story of Courage" with Resident
Varda Butcher, 2nd Generation to Holocaust Survivors - English (Golan)**

5:00 pm- "Brain Booster" with Sari Cohen- Hebrew (Dvir)

5:30 pm – **International Holocaust Memorial Day** "The Chinese Schindler – The Consul Who Saved Jews" with Tzofia Lifshitz - Hebrew (Golan)

6:30 - 7:15 pm - The English Library is open

6:30 pm – Maariv

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: "**WWII in Color: Road to Victory**" *Gripping historical footage and expert commentary give detailed insights into the leading figures and decisive turning points of WWII.*" (Golan) English with Hebrew subtitles

Tuesday, 9th of Shvat , 5786, January 27th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 am- "Brain Booster " with Sara Nappe- English (Coffee Shop)

10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (Golan)

10:30-2:00 pm - Membership drive for the Amuta.(Lobby)

10:30 – 11:30 – Exercise Gym open for **Women**

10:45 am - "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:15 am – Painting class with Nofar (Coffee Shop) **Group B**

Chaya Graus ♦Eva Lewis ♦Naomi Garame, , ♦Miriam Danielchik, ♦Miriam Jaffe, ♦Hensha Gansbourg, ♦Mina Felder ♦Varda Butcher ♦Rivka Amitzur ♦Riva Soibelman

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30 pm – Mincha

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm- "Joint Torah Study- Lab Grown Meat Part 2" (men and women) with Rabbi Aschi Dick- Hebrew (Golan)

5:30 pm – "- Lab Grown Meat Part 2" with Rabbi Aschi Dick – English (Coffee Shop)
change time

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – Ma'ariv

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Golan)



Wednesday, 10th of Shvat , 5786, January 28th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

**9:00 am –1:00 pm – Zehava's Sale: bags, purses and jewelry
(Coffee shop)**

09:30 –10:30 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Shmot" with Rabbi Aaron Adler - English (Golan)

**5:30 pm – "More Than Diamonds"- Parsha and Pirkei Avot with Ita - Women -English
(Coffee Shop)**

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew
(Golan)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:30 pm - Ma'ariv

6:45 pm – Music in the Lobby with Sofia

6:45 pm "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan)

Thursday, 11th of Shvat ,5786, January 29, 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:00 – 10:00 am – Exercise Gym open for **Men**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 – 11:00 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**11:45 am – Advanced Exercise Class For physically fit women
with Orah the Physiotherapist (Nehora)**

12:30 pm – Mincha

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – 6:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "First Feminist Jewish Writer" with Sara Jo Ben-Zvi- editor of Segula Magazine-
English (Golan)

5:30 pm – "Am I My Body's Keeper?" with Resident Michael Kaufman-Hebrew (Coffee
Shop)

5:30 pm- Open Discussion with Yitzchak , the social worker -Hebrew (Nehora)

6:30 pm – Ma'ariv

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Movie Night: "**KUGEL**" Israeli mini-series- Chapters 1-2 (Golan) **Hebrew with
Hebrew subtitles**

*Nukhem is a merchant, selling jewelry, his daughter Libbie is a teacher and an
aspiring writer.*

Friday, 12th of Shvat , 5786, January 30, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

MAZEL TOV!

To **Rachel Bagelman** on the engagement of her granddaughter!

To **Alter & Bella Shields** on the birth of a great-granddaughter!

Speedy Recovery

To **Elisheva Genizi** who is hospitalized

To **Sara Tanis** who is hospitalized

Condolences

Beit Tovei Hai'r and its residents share in the grief upon the passing of

Yitzchak Levuvi A"H

Beit Tovei Hai'r and its residents share in the grief upon the passing of

Rabbi David Cohen A"H

May you be comforted among the mourners of Zion and Jerusalem

