

Shabbat Vayakhel-Pkudei 5786

On behalf of the residents of **Beit Tovei Ha'ir**, we would like to express our heartfelt thanks and appreciation to the kitchen staff, the waiters, the maintenance and cleaning teams, the reception staff, the nurses, the welfare staff, and the management.

Over the past two weeks, you have shown great dedication, care, and patience — always with a smile and a kind word 😊.

From paying attention to details minor to major, helping us feel more at ease, to the beautiful flower and note given to us before Shabbat 🌸.

Your kindness and thoughtfulness has meant so much to us.

Thank you very much from the bottom of our hearts. ❤️

With much love and appreciation,

All the residents of Beit Tovei Ha'ir

Information for Pesach 2026

1. Special Cleaning in the Apartments: (carpets, curtains, etc.)1.

Residents who would like to arrange special cleaning should please register at the **Kabbalah (Reception) by Thursday – Rosh Chodesh Nissan, 19/03/26.**



2. Meals before Pesach : Residents who are **not on the regular monthly meal plan** and would like to receive meals between **Sunday – 8 Nissan (26/03/26)** and **Wednesday – 13 Nissan (31/03/26)** should please register in advance at the **Kabbalah** no later than **Monday, 23/03/26.**



3. Kashering of Apartment Kitchens (Hachsharas HaMitbach)3.

Kashering will take place between **Tuesday – 6 Nissan (24/03/26)** and **Thursday – 8 Nissan (26/03/26).**

The **kitchen kashering service** includes **iruy mayim roschim** (pouring boiling water) over the **sinks and countertops**, as well as **covering the countertops with aluminum foil.**

Residents must register and complete the billing form at the **Kabbalah** by **Monday – 5 Nissan (23/03/26). Cost: 65 NIS**



4. Meals on Pessach: You will receive a meal registration form in your mailbox. Please fill out the form carefully, paying attention to all the details.

Even if you are not interested in meals, you are asked to fill it out on the form.

Please submit it to reception by Tuesday 17.3.26

On Sunday & Monday, March 15/16 , between 11.45-12.30 and 4:00-5:00 pm

There will be a welfare representative to help fill out the forms in the main lobby.

Shabbat Parshat Vayakhel-Pikudei 5786 Shabbat Mevarchin. Shabbat Hachodesh

Rabbi Yisrael Weinberger. Rabbi Dr. Perlmutter
Mrs. Sima Kliers (Manager on Duty)



Friday, 24th of Adar, 5786, March 13th, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Miklat Nehora Floor N)

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Miklat Nehora Floor N)

11:30 am – "Maharal- Joint Study Session" with Rabbi Klemantinovsky- Hebrew (Beit Haknesset)

In case of a siren, the elevators will change to normal mode, activated manually via the buttons. This is to facilitate moving to a safe zone as quickly as possible. If there is a gentile at hand, he or she should press the buttons. If there is no gentile immediately at hand, a Jew may press the buttons. After the danger, the elevators will revert to Shabbat mode.

5:10 pm - Candle Lighting

*Lighting in the Lobby must be completed **before the beginning of Mincha.***

Afterward, please light based on your meal location.

5:30 pm – Minchah (Lobby)



In Case of a Siren

*Residents in the **lobby** should proceed to the Tif'ul Miklat (Level G,-1).*

*Residents on the **floors** should proceed to the Nehora Miklat (Level N).*

5:45 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Seudat Leil Shabbat (**Golan, Dvir, Dining Room and Coffee Shop according to seating maps**)

In Case of a Siren

*Residents in the **Golan & Dvir** should proceed to the Tif'ul Miklat (Level G,-1).*

*Residents on the **floors or in the Coffee Shop or Dining Room** should proceed to the Nehora Miklat (Level N).*

8:00 pm - "Parshat Hashavua" with Rabbi Weinberger - Hebrew (Beit Haknesset)

Shabbat, 25th of Adar, 5786, March 14th, 2026

In case of a siren, the elevators will change to normal mode, activated manually via the buttons. This is to facilitate moving to a safe zone as quickly as possible.

If there is a gentile at hand, he should press the buttons. If there is no gentile immediately at hand, a Jew may press the buttons.

After the danger, the elevators will revert to Shabbat mode.

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

In Case of a Siren

Residents in the lobby should proceed to the Tif'ul Miklat (Level G,-1).

Residents on the floors should proceed to the Nehora Miklat (Level N-2).

Kiddush (In different halls as at the Shabbat meals)

11:15 am – "Parshat Hashavua" with Rabbi Dr. Perlmutter - English (Beit Haknesset)

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 2)

12:30 pm – Seudat Shabbat (In the different halls according to seating maps)

In case of a siren, please proceed to the shelters as during the Friday night Shabbat dinner.

5:05 pm – Mincha (Beit Haknesset)

Seudah Shlishit (In different halls according to seating maps)

6:22 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

7:45 pm – Motzai Shabbat Concert: A Musical Journey Around the World

Klezmer and Beloved Melodies with Yaakov Yachnin (Lobby)

up to 50 people in the lobby, and the rest upstairs. Please don't add chairs or wheel chairs in the Lobby

In case of a siren, please proceed to the shelters as during Shabbat davening.

Shavua Tov!!!!!!!





Sunday 26th of Adar , 5786, March 15th , 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:45 am – "Gemara Shiur " with Rabbi Shechter -English (Dvir)

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Miklat Nehora, Floor N)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Miklat Nehora, Floor N)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (**New Lobby**)

12:30 pm – Mincha (Beit Haknesset)

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Small Nehora Miklat, Floor N)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Reevaluating Moses Montefiore - Much more than a jewish philanthropist" with Eyal Offenbach - English (Miklat Nehora, Floor N)

5:30 pm – Reevaluating Moses Montefiore - Much more than a jewish philanthropist" with Eyal Offenbach - Hebrew (Miklat Nehora, Floor N)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama" with Paulina - Women - Hebrew and English (Coffee Shop)

6:30 pm – Maariv (Beit Haknesset)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Game Night with Naomi Mauer- (Miklat Nehora, Floor N)

All residents are welcome to play and enjoy! Feel free to bring your own games as well





Monday, 27th of Adar , 5786, March 16th , 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Lecture on Shai Agnon with Dr. Shirel-Hebrew (Miklat Nehora, Floor N)

10:30 am – Writing workshop with Sarina Furer- English (**Small** Miklat Nehora, Floor N)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby**) **New!!****

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Miklat Nehora, Floor N)

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for women with Shikma, the physiotherapist (Miklat Nehora, Floor N)

12:30 pm – Mincha (Beit Haknesset)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

**, ♦Marilyn Leiman, ♦Shoshana Fenyes, ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman ♦
♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami**

4:00 pm – Coffee & Cake ((Small Nehora Miklat, Floor N)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "The History of the Ancient Port City: Jaffa" -with Shmulik Langer - English
(Miklat Nehora, Floor N)**

4:30 pm- "Brain Booster" with Sari Cohen- Hebrew (Dvir)

5:30 pm – "The History of the Ancient Port City: Jaffa" with Shmulik Langer - Hebrew (Miklat Nehora, Floor N)

6:30 - 7:15 pm - The English Library is open

6:30 pm – Maariv (Beit Haknesset)

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Movie Night: "**Anne with an E**" chapters 3-4 (Coffee Shop) **English with Hebrew subtitles**

Tuesday, 28th of Adar , 5786, March 17th , 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

Haircuts for men with Yaakov the Barber-make your appointment at Reception

9:30-10:30 am – Exercise Gym open for **Women-Time Change**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 am- "Brain Booster " with Sara Nappe- English (Coffee Shop)

10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (Miklat Nehora, Floor N)

10:30 – 11:30 – Exercise Gym open for **Men- Time Change**

10:45 am - "**Feldenkreis Exercise** " with **Tamar Levin-Women** (Miklat Nehora, Floor N)

11:15 am – **Painting class** with Nofar (Coffee Shop) **Group B**

♦*Shoshana Chadad* ♦*Yaffa Silverberg* ♦*Leah Rosenzweig* ♦*Judy Cohen* ♦ *Barbara Bachrach*
♦*Yocheved Fleishman*, ♦*Miriam Danielchik*, , ♦*Rivka Amitzur* ♦ *Esther Solomon*

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30 pm – Mincha (Beit Haknesset)

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake ((Small Nehora Miklat, Floor N)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Afternoon Concert: Klezmer melodies, popular music, and joyful songs

with Tanya and Leonid (Lobby)

up to 50 people in the lobby, the rest upstairs. Please do not add chairs or wheel chairs

5:30 pm - Halacha and Parshat Hashavua with Rav Natan Shapiro – Hebrew (Miklat Nehora, Floor N)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – Ma'ariv (Beit Haknesset)

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Coffee Shop)

6:45 pm – Shiur Gemara with Rabbi Natan Shapiro (Beit Haknesset)

7:25 pm – "Smartphones, AI, Computers and More " with Ezra Shapira - Hebrew (Coffee Shop)



Wednesday, 29th of Adar , 5786, March 18th , 2026

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

09:30 –10:30 am – Exercise Gym open for **Women-Time Change**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2) Place Change

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Miklat Nehora, Floor N)

10:30 – 11:30 am – Exercise Gym open for **Men Time Change**

11:30 am – Choir for Women with Talya Kirsch (Miklat Nehora, Floor N)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

12:30 pm – Mincha (Beit Haknesset)

4:00 pm – Coffee & Cake ((Small Nehora Miklat, Floor N)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "The life and worldview of Rav Yisachar Shlomo Teichtal" with Rabbi Aschi Dick – English (Miklat Nehora, Floor N)

5:30 pm – "More Than Diamonds- Parsha & Pirkei Avot" with Ita- Women -English (Coffee Shop)

5:30 pm– "The life and worldview of Rav Yisachar Shlomo Teichtal " with Rabbi Aschi Dick – Hebrew (Miklat Nehora, Floor N)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 2) Place Change

6:30 pm - Ma'ariv (Beit Haknesset)

6:45 pm – Music in the Lobby with Sofia

6:45 pm - "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (**Miklat Nehora, Floor N**)





Thursday, 1st of Nissan ,5786, March 19th , 2026 Rosh Chodesh

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:00 – 10:00 am – Exercise Gym open for **Women- Time Change**

9:00 am – 1:00 pm – Yigal's Sale: bags & Jewelery (Coffee shop)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 – 11:00 am – Exercise Gym open for **Men- Time Change**

10:00 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Miklat Nehora, Floor N)

**10:45 am – Women sing The Hallel, with musical accompaniment
by Talya (Miklat Nehora, Floor N)**

11:00 am – **Men's Feldenkreis Exercise Class**" with Reuven (New Lobby)

11:30 am- "Heart Health, The Engine of Longevity" with house Doctor, Dr.
Kusnetz- English (Miklat Nehora, Floor N)

11:30 am – **Bridge Club**- Beginners and Advanced- with Rivka Cohen (Lobby 2)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

12:30 pm – Mincha (Beit Haknesset)

4:00 pm – Coffee & Cake (Small Nehora Miklat, Floor N)

4:30 pm – 6:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "The Current War-Things we did not know" with Dr. Moti Keidar-
English (Miklat Nehora, Floor N)**

5:30 pm – "The Current War-Things we did not know" with Dr. Moti Keidar - Hebrew (Miklat
Nehora, Floor N)

6:30 pm – Ma'ariv (Beit Haknesset)

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

7:30 pm – Movie Night: "**Malachi**" (Coffee Shop) **Hebrew without subtitles**
*A documentary about a baby born with a severe deformity who was abandoned by
his parents, and his journey to adulthood.*

Friday, 2nd of Nissan , 5786, March 20th , 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Miklat Nehora)

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Miklat Nehora)

11:30 am – "Maharal- Joint Study Session" with Rabbi Klemantinovsky- Hebrew (Beit Haknesset)



MAZEL TOV!

To **Tova Lemon** secretary of the welfare department on the birth of a grandson!

To **Ora Ziontz** on the birth of a great-grandson!

Speedy Recovery

To **Sarah Tanis** who is hospitalized

Welcome

Beit Tovei Hair residents, staff and management welcome

Yitzchak & Rivka Heilbrun

Who moved into apt 456

Condolences

Beit Tovei Hai'r and its residents share in the grief of R' Chaim Tannen אבדל"א

upon the passing of his sister A"H

May you be comforted among the mourners of Zion and Jerusalem



Tehillim for Women

Sunday-Thursday

Lobby- 4:30 pm

Davening Hours

Shacharit –Berachot 7:20 AM,

Hodu 7:30 AM,

Minchah -12:30PM

Maa'riv – 6:30 PM

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM

(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Medical Secretarial

Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Nurse's Hours + Phone Service

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

**Opening hours of Eitan's
Minimarket (on level -1)**

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's
Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

**Make your appointment
at the front desk**

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

Social Worker Hours

Sunday, Monday and Wednesday

9:00 am – 2:00 pm

Tuesday and Thursday

2:00 – 7:00 pm