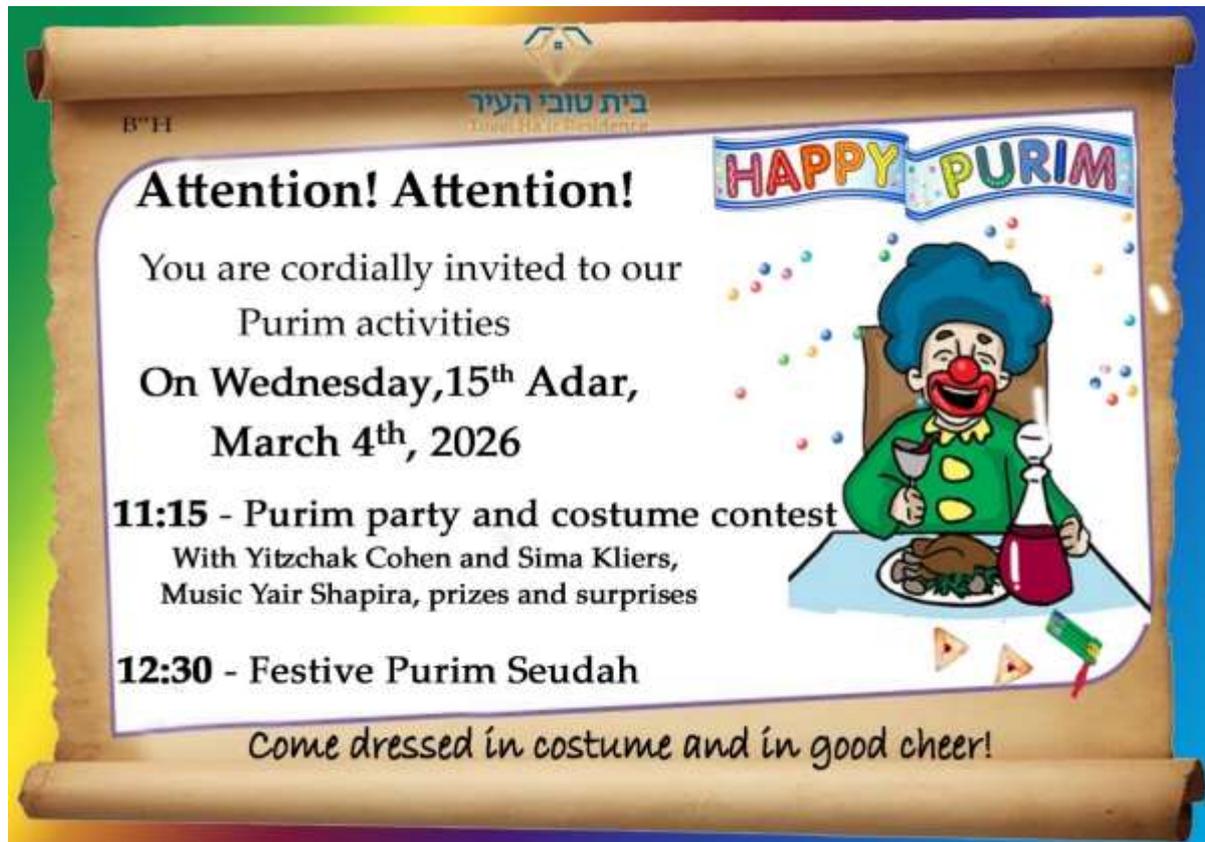


Shabbat Tetzave 5786

**Shabbat Zachor**



### Registration for the Purim Seuda

The Purim meal will be held at 12:30

The families of residents are welcome to join The Seudah.,

**Registration for the Seudah is mandatory.**

Residents with a monthly eating arrangement do not have to pay, but must **register in advance.**

Residents who are not on a monthly arrangement and want to participate: must register until Monday March 2<sup>nd</sup> : 150 NIS per person,



## The Va'ad Corner

On **Monday, March 16<sup>th</sup>** we will be holding **elections for the Residents' Committee (the Va'ad).**

The newly elected members will be joining the present Va'ad members who will be continuing their present terms.

If you enjoy living in Beit Tovei Ha'lr, but feel that life could be even better, the Va'ad invites you to present your candidacy in the upcoming election. This is your opportunity to affect changes.

You can self-nominate by submitting your name and a brief biography in the suggestion box (located on the wall near the Beit Kneset).

All entries must be submitted by Sunday March 8<sup>th</sup>. All candidates will introduce themselves to the residents on Thursday March 12<sup>th</sup>.

- Va'ad meetings are held once a month.
- Term of office is two years.

For any questions, reach out to Julia Aaronson apt 258 or Naomi Mauer apt 61.

### **MAZEL TOV!**

To Rabbi Shlomo & Channah Gilat on the birth of a great-granddaughter-!

### Speedy Recovery

To **Sarah Tannis** who is hospitalized

### Condolences

Beit Tovei Hai'r and its residents share in the grief upon the passing of

**Rina Kaduri A"H**

May you be comforted among the mourners of Zion and Jerusalem



## Shabbat Tetzave 5786 Shabbat Zachor

Rabbi Mordechai Kreuzer  
Mrs. Pessi Scharf (Manager on Duty)



### Friday, 10<sup>th</sup> of Adar, 5786, February 27<sup>th</sup>, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

**11:00 am -12:00 pm - Swimming for Men**

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)

11:30 am – "Maharal- Joint Study Session" with Rabbi Klemantinovsky- Hebrew (Coffee Shop)

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### **4:59 pm Candle Lighting**

Lighting in the Lobby must be completed **before the beginning of Mincha**  
Afterward, please light near the Coffee Shop or in the Golan Hall, based on your meal



5:20 pm – Minchah (Lobby)

**5:35 pm – Kabbalat Shabbat** (Lobby)

Maa'riv

Seudat Leil Shabbat (Dining Room)

**8:00 pm - "Parshat Hashavua"** with Rabbi Kreuzer - Hebrew (**Beit Haknesset**)

### Shabbat, 11<sup>th</sup> of Adar, 5786, February 28<sup>th</sup>, 2026

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

7:45 am – Shacharit (Lobby)

**9:05 am - (approximately) Zachor reading**

Kiddush (Dining Room)

**10:45 am - Second Zachor reading (Beit Haknesset)**

**11:15 am – "Parshat Hashavua" with Rabbi Dunner - English (Beit Haknesset)**

11:15 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)

**12:30 pm – Seudat Shabbat (Dining Room)**

4:55 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

**6:12 pm – End of Shabbat.** Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

**8:00 pm – Motzai Shabbat Zachor Concert: Purim Songs with singer & Chazzan Shmuel Krishler (Lobby)**



**Sunday 12<sup>th</sup> of Adar , 5786, March 1<sup>st</sup> , 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30 – 10:30 am Exercise Gym open for **Men**

9:45 am – "Gemara Shiur " with Rabbi Shechter -English (Dvir)

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Golan)

10:30 am – Exercise for men with Shlomi (New Lobby)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

**11:30-12:30 am – Mishloach Manot**

**This year each and every resident will give and receive Mishloach Manot .**

**Come be a part of packaging the special packages to be given out on Purim (Lobby)**

11:30 am – 12:30 pm - Exercise Gym open **for Women**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (New Lobby)  
**Place Change**

**12:30 pm – Mincha**

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Purim Fun": Music for Purim and Humorous Classics." Musical Lecture with Paul Salter - English (Golan)**

5:30 pm – "The Riddle of The Mukafim" with Rabbi Dr. Chaim Perlmutter - Hebrew (Coffee Shop)

**5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Lobby 2) Place Change**

6:15 pm – Music in the Lobby with Sofia

**6:30 pm – "The Riddle of The Mukafim" with Rabbi Dr. Chaim Perlmutter - English (Coffee Shop)**

6:30 pm – "Drama and Movement" with Paulina - Women - (New Lobby) **Place Change**

**6:30 pm – Maariv**

6:45 pm – Shiur Gemara with Rabbi Natan Shapira (Beit Haknesset)

**7:30 pm – Game Night with Naomi Mauer- (Coffee Shop)**



**Monday, 13<sup>th</sup> of Adar , 5786, March 2<sup>nd</sup> , 2026 - Taanit Esther**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women



10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Lecture on Shai Agnon with Dr. Shirel-Hebrew (Golan)

**10:30 am – Writing workshop with Sarina Furer- English (Dvir)**  
*bring a pen and notebook*

11:15 am – Functional Art with Devori (Coffee Shop)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**12:30 pm – Mincha**

**2:00-4:00 pm –Purim Painting workshop with Nofar (Coffee Shop) *an hour for each participant***

**4:00 pm – "Purim - Halacha & Aggadah" with Rabbi Dick - English (Golan)**

4:15 pm – Tehillim for Women (Lobby)

5:00 pm – "Purim - Halacha & Aggadah" with Rabbi Dick - Hebrew (Golan)

**5:55 pm- End of fast**

**Coffee & Cake (Dining Room)**

**6:02 pm – Maariv**

6:30 pm – Choir for Women with Talya Kirsh (Golan) **Day & Time Change**

6:45 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

**7:30 pm – "Sing Along" with Talya Kirsch - Women (Golan) Day Change**

8:30 pm – Movie Night: "**ANNE WITH AN E**" Season 2: Chapters 1-2 (Golan)  
English with Hebrew subtitles



**Tuesday, 14<sup>th</sup> of Adar , 5786, March 3<sup>rd</sup> , 2026 – Purim Dprazin**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for Men

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (**Coffee Shop**) place change



**From Costume to Calling: A Pirouette to the Western Wall**

**A personal story of a professional dancer who found her way home**

**with Dancer Danielle Fritch– (Golan) Women**

**10:30 am -English**

**11:30 am - Hebrew**



10:30 – 11:30 – Exercise Gym open for **Women**

11:45 am – "Hadaf Hayomi" with Rabbi Stern (Beit Haknesset)

12:30 pm – Mincha

**זכר למחצית השקל**  
**Zecher L'Machatzit HaShekel**



12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (**Coffee Shop**)

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

**4:30 pm – Purim Music in the Lobby with Doriav Menashe**

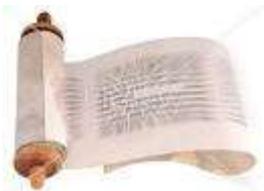


**6:05 pm- Maariv.**

**Megillah Reading (Lobby)**

**A Freiliche Purim**

**with Rabbi Yehuda Rabinowitz & Chazzan Yisrael Weinberger**



**Wednesday, 15<sup>th</sup> of Adar, 5786, March 4<sup>th</sup>, 2026 Shushan Purim**

**7:30 am – Shacharit (Lobby)**

**8:10 am – Megillah Reading (approximate)**

**9:30 am – Second Megillah Reading (Beit Haknesset)**



**11:15 am – Purim Party and Costume Contest (Lobby)**

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

**12:30 – Mincha (Beit Haknesset)**

**12:30 - Purim Seuda -Divrei Torah, Singing, Dancing and wonderful food**

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "The scroll of upside down" with Rabbi Amihud Glazer - English (Dvir)  
change of place**

5:30 pm – "What happened before and after Esther?" with Rabbi Amihud Glazer - Hebrew (Golan)

**6:30 pm - Ma'ariv**

6:45 pm – Music in the Lobby with Sofia



**Thursday, 16<sup>th</sup> of Adar ,5786, March 5<sup>th</sup> , 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger – Hebrew (Golan)

**11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)**

11:30 am - "Shiur for Parashat Ki Tisa" with resident Duba Kelerman- Hebrew (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**12:30 pm – Mincha**

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

**4:30 pm – 6:30 pm - Free Swimming for Men**

4:30 pm – Tehillim for Women (Lobby)

**4:30-pm – Thinking games to challenge the brain with Aaron- English Golan )**

**5:30-pm – Thinking games to challenge the brain with Aaron- Hebrew (Golan )**

**6:30 pm – Ma'ariv**

6:45 pm – Shiur Gemara with Rabbi Klemantinovsky (Beit Haknesset)

7:30 pm – Movie Night: "Shababnikim" Chapters 3-4 (Golan)  
**Hebrew with Hebrew subtitles**



**Friday, 17<sup>th</sup> of Adar , 5786, March 6<sup>th</sup> , 2026**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Natan Shapira – Hebrew (Golan)

**11:00 am-12:00 pm- Swimming for Men**

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

11:30 am – "Maharal- Joint Study Session" with Rabbi Klemantinovsky- Hebrew (Coffee Shop)

**Davening Hours**

Shacharit –Berachot 7:20 AM,  
 Hodu 7:30 AM,  
 Minchah -12:30PM  
 Maa'riv – 6:30 PM

**Tehillim for Women**

Sunday-Thursday  
 Lobby– 4:30 pm

**Meal Hours in Dining Room**

Lunch, 12:30-1:45 PM  
 (arrive by 1:15)

**Coffee Shop**

Coffee & Cake- 4:00 PM

**Meal Distribution Hours**

**Room Service**

Breakfast: 7:45-9:00  
 Lunch: 12:00-1:00  
 Dinner: 5:30-6:30

**Take Away**

Breakfast: 7:45-8:15  
 Lunch: 12:00-12:30

**Nurse's Hours + Phone Service**

Weekdays

8:30 am- 1:00pm  
 3:00-6:00 pm

Friday

09:00 am- 1:00pm

**Opening hours of Eitan's  
 Minimarket (on level -1)**

**Tel. 8104**

Weekdays 07:30-10:00 am  
 Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's  
 Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM  
 4:00-6:00 PM  
 Friday 10:00 am-12:00 noon

**YIFAT-**

**LADIES HAIRDRESSING**

Every Monday and Thursday  
 in Nehora Wellness Center.

Make your appointment  
 at the front desk

**Medical Accessories Gemach**

Open in the clinic

Please speak with Sima or Pessi

**Social Worker Hours**

**Sunday, Monday and Wednesday**

9:00 am – 2:00 pm

**Tuesday and Thursday**

2:00 – 7:00 pm