

## Shabbat Emor 5786

★ ☆ *Join us!* ☆ ★

# LAG BA'OMER

## AT BEIT TOVEI HAIR



**19:15**

**Light Meat Dinner**

in honor of Lag Ba'Omer (Golan)



**19:45**

**Maariv**

(Beit HaKnesset)



**20:00**

**Lag Ba'Omer Bonfire -**

**Joy, Niggunim, Words of Torah**

(Golan Hall Balcony)



**LIVE BROADCAST** from Lag Ba'Omer events  
in Meron and around the country (Coffee Shop)

## VISIT TO THE KOTEL

On Sunday, May 10<sup>th</sup>

Departure from Lobby at 10:00 am

Approximate Return: 11:45 pm

Registration at the Front Desk

Cost: 40 NIS



## Shabbat Parshat Emor 5786

**Rabbi Mordechai Kroizer**  
**Rabbi Israel Gad Seletski**



### Friday, 14<sup>th</sup> of Iyar, 5786, May 1<sup>st</sup>, 2026 Pesach Sheni

- 7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)  
 9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)  
 10:30 am - "Parshat Hashavua" with Rabbi Rabbi Klemantinovsky – Hebrew (Golan)  
 11:00 am -12:30 pm - Swimming for Men  
 11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)  
 1:20 pm – Mincha (Beit Haknesset – One Minyan Only!)

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### 6:20pm - Candle Lighting

6:35 pm – Kabbalat Shabbat (Lobby)

Maa'riv

**Do Not Forget To Say Kriat Shema after Tzet Hakochovim 7:44 pm**

Seudat Leil Shabbat (Dining Room)



היום שלושים יום לעומר, שהם ארבעה  
שבועות ושני ימים:

### Shabbat, 15<sup>th</sup> of Iyar, 5786, May 2<sup>nd</sup>, 2026

- 7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)  
 8:15 am – Shacharit (Lobby)  
**Kiddush (Dining Room)**  
 11:15 am - "Parshat Hashavua" with Rabbi Israel Gad Seletski- English (Beit Haknesset)  
 11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)  
**1:00 pm – Seudat Shabbat (Dining Room)**  
**5:30 pm - "Parshat Hashavua" with Rabbi Mordechai Kroizer - Hebrew (Beit Haknesset)**  
  
 6:40 pm – Mincha (Beit Haknesset)  
 Seudah Shlishit (Dining Room)  
 7:58 pm – **End of Shabbat.** Maa'riv (Beit Haknesset)  
Havdalah after Maa'riv in the Lobby

**Shavua Tov!!!!!!**

היום אחד ושלושים יום שהם ארבעה שבועות ושלושה ימים לעומר

**Sunday 16<sup>th</sup> of Iyar, 5786, May 3<sup>rd</sup>, 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

10:00 am – "Gemara Shiur " with Rabbi Shechter -English (Dvir)

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Golan)

**11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – **Ulpan for Advanced Students** with Mrs. Shoshana Maislik (New Lobby)

**2:00 pm – Functional Art with Devori (Coffee Shop)**

**1:30 pm – 3:00 pm - Free Swimming for Men**

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**4:25 pm - "Rabbi Shimon Bar Yochai's Special Approach to Torah" with Rabbi Amihud Glazer – English (Golan)**

5:25 pm – "What is the difference between Shimon Bar Yochai and Shimon Bar Kochba" with Rabbi Amihud Glazer – Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

**6:45 pm – Mincha (Beit Haknesset)**

7:00 pm – Shiur Gemara (Beit Haknesset)

**7:45 pm – Maariv (Beit Haknesset)**

8:00 pm – Movie Night: "Anne with an E chapters 10,11" (Coffee Shop) English **with Hebrew subtitles**

היום שנים ושלושים יום, שהם ארבעה שבועות וארבעה ימים לעומר:

**Monday, 17<sup>th</sup> of Iyar , 5786, May 4<sup>th</sup> , 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

9:30-10:30 am – Exercise Gym open for **Women**

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Writing workshop with Sarina Furer- Hebrew (Dvir) *Please writing equipment*

10:30 – 11:30 – Exercise Gym open for **Men**

**10:45 am – Writing workshop with Sarina Furer- English (Dvir) *Please writing equipment***

**11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)**

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Hakneset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Hakneset)

**11:45 am – Exercise for women with Shikma, the physiotherapist (Golan)**

**2:00 pm – Painting class with Nofar (Coffee Shop) Group A**

, ♦Marilyn Leiman, ♦Shoshana Fenyas, ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman ♦  
♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm- " The Mystery of Sefer Ha-Zohar" with Chanan Gafni -English (Dvir)**

5:30 pm- " The Mystery of Sefer Ha-Zohar" with Chanan Gafni -Hebrew (Dvir)

**6:45 pm – Mincha (Beit Hakneset)**

7:00 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Hakneset)



**7:15 pm-Special Lag BaOmer light Fleishig Dinner (Golan)**

**7:45 pm – Maariv (Beit Hakneset)**

**08:00 pm - Lag BaOmer Bonfire, (Golan Hall Balcony)**

**Divrei Torah, Songs, Music & Fleishig Dinner**

**Live broadcasts of Lag Ba'omer events from Meron and around the country**

**(Coffee Shop)**

היום שלושה ושלשים יום שהם  
ארבעה שבועות וחמישה ימים לעומר.



**Tuesday, 18<sup>th</sup> of Iyar , 5786, May 5<sup>th</sup> , 2026 – Lag Baomer**



**06:10 am-6:50 am- Free Swimming for Men**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (Golan)

10:45 am - "**Feldenkreis Exercise**" with Tamar Levin-Women (Golan)

11:15 am – **Painting class** with Nofar (Coffee Shop) **Group B**

♦Shoshana Chadad ♦Yaffa Silverberg ♦Leah Rosenzweig ♦Judy Cohen ♦ Barbara Bachrach  
♦Yocheved Fleishman, ♦Miriam Danielchik, ♦Rivka Amitzur ♦ Esther Solomon ♦Yocheved Fisher

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

**12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)**

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**5:30 pm – "Historic Figures in the Far & Near Past" with Rabbi Aschi Dick – English (Golan)**

5:30 pm - **Historic Figures in the Far & Near Past**" with Rabbi Aschi Dick – Hebrew (Golan)

6:00 pm – Music in the Lobby with Asaf

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)

**7:00 pm – Mincha (Beit Haknesset)**

7:15 pm – Shiur Gemara (Beit Haknesset)

6:30 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - Hebrew (Golan)

**8:00 pm – Maariv (Beit Haknesset)**

היום ארבעה ושלשים יום, שהם ארבעה שבועות ושישה ימים לעומר:



**Wednesday, 19<sup>th</sup> of Iyar , 5786, May 6<sup>th</sup> , 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

**9:00 am –1:00 pm - Tali's Sale - General Clothing, Underwear & Perfume for Women and Men (Coffee shop)**

09:30 –10:30 am – Exercise Gym open for **Women**

**9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Men**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop & Solarium)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Brain Gym-Thinking Challenges" with Aaron- English (Golan)**

5:30 pm – Brain Gym-Thinking Challenges" with Aaron -Hebrew (Golan)

5:30 pm – "More Than Diamonds- Parsha & Pirkei Avot" with Ita- Women -English (Coffee Shop)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

**7:00 pm – Mincha (Beit Haknesset)**

7:15 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir)

**8:00 pm – Maariv (Beit Haknesset)**

היום חמישה ושלושים יום, שהם חמישה שבועות לעומר:

**Thursday, 20<sup>th</sup> of Iyar ,5786, May 7<sup>th</sup> , 2026**

**7:00 am – 8:00 am – Lap Swimming for Women**

**8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

8:00 am – Water Exercise for Women

**Haircuts for men with Yaakov the Barber-make your appointment at Reception**

9:30 – 10:30 am – Exercise Gym open for **Women**

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 – 11:30 am – Exercise Gym open for **Men**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger — Hebrew (Golan)

**11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)**

**11:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

**12:15 pm – Siyum Massechet for Daf Yomi learners- with Rabbi Yehuda Rabinowitz (Beit Haknesset)**

4:00 pm – Coffee & Cake (Coffee Shop)

**4:30 pm – 5:30 pm - Free Swimming for Men**

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "Rav Soloveitchik on Vayikra" with Rabbi Aaron Adler - English (Golan)**

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with R' Adler - Hebrew (Golan)

**7:00 pm – Mincha (Beit Haknesset)**

7:15 pm – Shiur Gemara (Beit Haknesset)

**8:00 pm – Maariv (Beit Haknesset)**

8:00 pm – Movie Night: \* **We Shall Meet**" Chapters 9-10 " (Coffee Shop)  
**Hebrew with Hebrew subtitles**

היום שישי ושלושים יום, שהם חמישה שבועות ויום אחד לעומר:

**Friday, 21<sup>st</sup> of Iyar , 5786, May 8<sup>th</sup>, 2026**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)


9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Klemantinovsky – Hebrew (Golan)

11:00 am-12:30 pm- Swimming for Men

**11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)**






**Mazel Tov!**


To **Baruch Sternthal** on the birth of a Great-granddaughter

To **Paula Sztrigler** on the birth of a Great-granddaughter & Great-Grandson



**Speedy Recovery**

To **Sara Tannis (Sara bat Tzipppa)** who is hospitalized



**Welcome**

Beit Tovei Hair residents, staff and management welcome

**Mr. Mitchel Leifer**

Who moved into apt. 222

**Davening Hours**

Shacharit –Berachot 7:20 AM,  
 Hodu 7:30 AM,  
 Minchah -6:45 PM  
 Maa'riv – 7:45 PM

**Tehillim for Women**

Sunday-Thursday  
 Lobby– 4:30 pm

**Meal Hours in Dining Room**

Lunch, 12:30-1:45 PM  
 (arrive by 1:15)

**Coffee Shop**

Coffee & Cake- 4:00 PM

**Meal Distribution Hours**

**Room Service**

Breakfast: 7:45-9:00  
 Lunch: 12:00-1:00  
 Dinner: 5:30-6:30

**Take Away**

Breakfast: 7:45-8:15  
 Lunch: 12:00-12:30

**Nurse's Hours + Phone Service**

Weekdays  
 8:30 am- 1:00pm  
 3:00-6:00 pm  
Friday  
 09:00 am- 1:00pm

**Medical Secretarial**

**Hours:**

**Sunday-Thursday**

**9:00 am- 2:00 pm**

**Social Worker Hours**

**Sunday, Monday and Wednesday**

9:00 am – 2:00 pm

**Tuesday and Thursday**

2:00 – 7:00 pm

**Medical Accessories Gemach**

Open in the clinic

Please speak with Sima or Pessi

**YIFAT-**

**LADIES HAIRDRESSING**

Every Monday and Thursday  
 in Nehora Wellness Center.

Make your appointment  
 at the front desk

**Opening hours of Eitan's**

**Minimarket (on level -1)**

**Tel. 8104**

Weekdays 07:30-10:00 am  
 Sunday, Tuesday, Thursday 6:00-7:00 pm

**Opening hours of Eitan's**

**Coffee Stand in the Lobby**

Weekdays 10:00 AM-1:00 PM  
 4:00-6:00 PM  
 Friday 10:00 am-12:00 noon