



Shabbat Parshat Acharei Mot–Kedoshim 5786

Rabbi Klemantinovsky
Mrs. Sima Kliers (Manager on Duty)

Friday, 7th of Iyar, 5786, April 24th, 2026

- 7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)
 9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)
 10:30 am - "Parshat Hashavua" with Rabbi Rabbi Klemantinovsky – Hebrew (Golan)
 11:00 am -12:00 pm - Swimming for Men
 11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)
 1:20 pm – Mincha (Beit Haknesset – One Minyan Only!)

6:20_ pm Candle Lighting

6:35 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:39 pm

Seudat Leil Shabbat (Dining Room)



היום שלושה ועשרים יום שהם שלושה שבועות ושני ימים לעומר

Shabbat, 8th of Iyar, 5786, April 25th, 2026

- 7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)
 8:15 am – Shacharit (Lobby)
Kiddush (Dining Room)
 11:15 am – "Parshat Hashavua" with Rabbi Dunner - English (Beit Haknesset)
 11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 3)
1:00 pm – Seudat Shabbat (Dining Room)
5:33 pm - "Parshat Hashavua" with Rabbi Klemantinovsky - Hebrew (Beit Haknesset)

 6:33 pm – Mincha (Beit Haknesset)
 Seudah Shlishit (Dining Room)
7:53 pm – End of Shabbat. Maa'riv (Beit Haknesset)
Havdalah after Maa'riv in the Lobby

היום ארבעה ועשרים יום שהם שלושה שבועות ושלושה ימים לעומר

Shavua Tov!!!!!!

Sunday 9th of Iyar , 5786, April 26th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

10:00 am – "Gemara Shiur " with Rabbi Shechter -English (Dvir)

10:00 am – Ulpan for Beginners with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "Rav Kook " with Rabbi Michael Tubiano - Hebrew (Golan)

11:00 am – "Feldenkreis Exercise " with Tamar Levin-Women (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – Ulpan for Advanced Students with Mrs. Shoshana Maislik (New Lobby)

2:00 am – Functional Art with Devori (Coffee Shop) Day & Time Change

3:00 pm – 4:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Tales out of Shul " with resident, Rabbi Emanuel Feldman - English (Golan)

5:30 pm – "My Private Exodus - When Zionism and Romanticism Meet" with Yulia Penson - Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "Drama and Movement" with Paulina - Women - Hebrew and English (Golan)

6:45 pm – Mincha (Beit Haknesset)

7:00 pm – Shiur Gemara (Beit Haknesset)

7:45 pm – Maariv (Beit Haknesset)

8:00 pm – Movie Night: "**Anne with an E**" chapters 9-10 (Coffee Shop) English **with Hebrew subtitles. Day Change**

היום חמישה ועשרים יום שהם שלושה שבועות וארבעה ימים לעומר

Monday, 10th of Iyar , 5786, April 27th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

8:00 am – Water Exercise for Women

10:00 am – "Gemara Shiur" with Rabbi Shechter -English (Coffee Shop)

10:00 am – Writing workshop with Sarina Furer- Hebrew (Dvir)

10:45 am – Creative Writing workshop with Sarina Furer- English (Dvir)
Please bring pen and notebook.



11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for women with Shikma, the physiotherapist (Golan)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

, ♦Marilyn Leiman, ♦Shoshana Fenyas, ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman ♦
♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

**5:00 pm- Introducing the candidates for The New Resident's Vaad-
English & Hebrew (Golan)**

6:30 - 7:15 pm - The English Library is open

6:45 pm – Mincha (Beit Haknesset)

7:00 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm –Game Night with Naomi Mauer- (Coffee Shop) Day Change

All residents are welcome to play and enjoy! Feel free to bring your own games as well



7:45 pm – Maariv (Beit Haknesset)

היום שישי ועשרים יום שהם שלושה שבועות וחמישה ימים לעומר

Tuesday, 11th of Iyar , 5786, April 28th , 2026**6:15-6:50 – Free Swimming for Men****7:00 am – 8:00 am – Lap Swimming for Women****8:00 am – 9:00 am – Free Swimming for Women**

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:30-10:30 am – Exercise Gym open for **Women**10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)10:00 am – "Parasha Shiur" with Rabbi Stern -Hebrew (Golan)10:30 – 11:30 – Exercise Gym open for **Men**10:45 am - "**Feldenkreis Exercise** " with Tamar Levin-Women (Golan)11:15 am – **Painting class** with Nofar (Coffee Shop) **Group B**

♦Shoshana Chadad ♦Yaffa Silverberg ♦Leah Rosenzweig ♦Judy Cohen ♦ Barbara Bachrach
 ♦Yocheved Fleishman, ♦Miriam Danielchik, , ♦Rivka Amitzur ♦ Esther Solomon

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:30-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – Lecture on Shai Agnon with Dr. Shirel-Hebrew (Dvir)**4:30 pm – "Historical Figures in Recent and Distant Jewish History" with Rabbi Aschi Dick – English (Golan)**5:30 pm – "Historical Figures in Recent and Distant Jewish History" with Rabbi Aschi Dick – Hebrew (Golan)

6:15 pm – Music in the Lobby with Asaf

6:15 pm – "Smartphones, AI, Computers and More" with Ezra Shapira - English (Golan)**6:45 pm – Mincha (Beit Haknesset)****7:00 pm – Shiur Gemara (Beit Haknesset)**7:15 pm – "Smartphones, AI, Computers and More" with Ezra Shapira – Herbo (Golan)**7:45 pm – Maariv (Beit Haknesset)**

היום שבעה ועשרים יום שהם שלושה שבועות ושישה ימים לעומר

Wednesday, 12th of Iyar , 5786, April 29th , 2026

6:15-6:50 – Free Swimming for Men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

09:30 –10:30 am – Exercise Gym open for **Men**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 3)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Women**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:30 – Open Discussion with Yitzchak, the Social Worker – English

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "**Between the Wars: From Revenge to Independence**" with Gideon Mitschnik - English (Golan)

5:30 pm – "More Than Diamonds- Parsha & Pirkei Avot" with Ita- Women -English (Coffee Shop)

5:30 pm – "**Between the Wars: From Revenge to Independence**" with Gideon Mitschnik - Hebrew (Golan)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 3)

6:45 pm – Music in the Lobby with Sofia

6:45 pm – Mincha (Beit Haknesset)

7:00 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

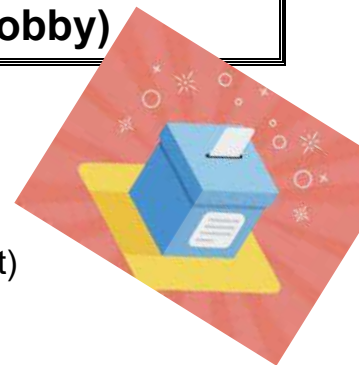
7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir) **Place Change**

7:45 pm – Maariv (Beit Haknesset)

היום שמונה ועשרים יום שהם ארבעה שבועות לעומר

Thursday, 13th of Iyar ,5786, April 30st, 2026

Vaa'd Election Day
Between 10:00 am-12:30 pm & 4:00-6:30 pm (Lobby)



7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

8:00 am – Water Exercise for Women

9:30 – 10:30 am – Exercise Gym open for **Men**

10:00 am-12:30 pm -Elections for The Residents' Vaad (Lobby)

10:00 am – "Gemara Masechet Shabbos" with Rabbi Shechter -English (Dvir)

10:30 – 11:30 am – Exercise Gym open for **Women**

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger – Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 pm-6:30 pm -Elections for The Residents' Vaad (Lobby)

4:30 pm – 6:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Natural Awe-Part 2" with Rabbi Moshe Binik- English (Golan)
Uncover incredible natural wonders of creation. Including stunning nature clips and fascinating insights

5:30 pm – Natural Awe-Part 2" with Rabbi Moshe Binik -Hebrew (Golan)

6:45 pm – Mincha (Beit Haknesset)

7:00 pm – Shiur Gemara (Beit Haknesset)

7:45 pm – Maariv (Beit Haknesset)

8:00 pm – Movie Night: *"We Shall Meet" Chapters 7-8 (Coffee Shop) **Hebrew with Hebrew subtitles**



היום תשעה ועשרים יום שהם ארבעה שבועות ויום אחד לעומר

Friday, 14th of Iyar, 5786, May 1st, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Klemantinovsky – Hebrew (Golan)

11:00 am-12:00 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)





MÅZEL TOV!

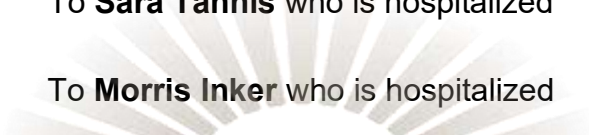
To **Shelly Bagleman** on the birth of a great-granddaughter!



Speedy Recovery

To **Sara Tannis** who is hospitalized

To **Morris Inker** who is hospitalized



Davening Hours

Shacharit –Berachot 7:20 AM,
 Hodu 7:30 AM,
 Minchah -6:45 PM
 Maa'riv – 7:45 PM

Tehillim for Women

Sunday-Thursday
 Lobby– 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
 (arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00
 Lunch: 12:00-1:00
 Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15
 Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Weekdays
 8:30 am- 1:00pm
 3:00-6:00 pm
Friday
 09:00 am- 1:00pm

Medical Secretarial

Hours:

Sunday-Thursday

9:00 am- 2:00 pm

Social Worker Hours

Sunday, Monday and Wednesday

9:00 am – 2:00 pm

Tuesday and Thursday

2:00 – 7:00 pm

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday
 in Nehora Wellness Center.

Make your appointment
 at the front desk

Opening hours of Eitan's

Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am
 Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's

Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM
 4:00-6:00 PM
 Friday 10:00 am-12:00 noon