



The Va'ad's Corner

The Va'ad is working hard to serve you. In order to work efficiently, we have created several sub-committees, with more on the way. In the meantime, these are the subcommittees:

The **Food committee**, led by Jack Zwick, is planning to carry out another survey of resident's satisfaction with the food in the dining room. Compared with the previous survey, this one will be more detailed with the aim of zeroing in on specific areas that need improvement. There is no need to wait for the survey to be ready: feel free to put your comments and suggestions into the Suggestion Box

The second subcommittee is the "**We Care**" committee. This committee is the responsibility of Esther Salomon, Tzvia Levuvi and Estelle Feldman, and will concentrate on social and welfare issues. Among their activities, they will reach out to new residents to help them acclimate to Beit Tovei Ha'ir, visit the sick, help people make friends and so on. If you know someone who is in need of support or if you would like to help, please contact the committee

The third subcommittee area is the **Suggestion Box**. We are happy to report a real upsurge of messages in the suggestion box. Tzvia Levuvi. Is in charge of checking the box and starting the process of finding solutions. Recently she was instrumental in helping a resident deal with a problem with his cleaning woman. Evidently the cleaner left his apartment in a disorganized state – with chairs on the tables, the lights on and the windows wide open. A word to Juma, who is in charge of the cleaning staff, and the problem was solved. Other complaints have centered around the air conditioning. In the meeting last week with Shaul, he promised to investigate the problem, and happily, this week the dining room was much more comfortable.

Future plans include a Program committee, a Security and Safety committee, and a Maintenance committee

Pirkei Avot

Attention – Something New!

It is customary to read a chapter from Pirkei Avot each Shabbat afternoon during the summer months (between Mincha and Maariv), in order to deepen our study of the moral values between people as taught in Pirkei Avot.

Starting this Shabbat, alongside the name of the weekly Torah portion, we will note the chapter of Pirkei Avot being studied.

You are welcome to join in and make Torah greater and more glorious! So keep the messages coming – the Va'ad is here for you!

The Va'ad

Welcome to Our Dining Room & Coffee Shop

Welcome to our Dining Room and Coffee Shop! We care deeply about your health, comfort, and dining experience. To maintain the highest standards of the Ministry of Health and our Kashrut Agency, we kindly ask for your cooperation in observing these simple guidelines. Our dedicated staff is always here to serve you!

General Rules (Hygiene & Health)

Stay and Savor: Cutlery, dishes, and food (salads) may not be removed from the dining room or coffee shop. This helps us ensure a clean and welcoming environment for everyone.

The Salad Bar: For everyone's health and hygiene, please use the serving utensils provided at the self-serve salad bar rather than your hands. **Salads may not be removed from the Dining Room.**

Weekday Dining

Coffee Hour & Buffet: Our staff is happy to serve you! During the week, a waiter will be stationed at the coffee hour to plate the cake for you. During Lunch, at the buffet, our dedicated servers will assist you with your food.

Shabbat Dining

***Plated Service:** Waiters will bring beautifully plated meals directly to your tables.

Food Carts: Under no circumstances may residents take meals directly off the food carts. Please allow our waiters to serve you.

Shabbat Morning: A waiter will be present to plate your cake and coffee.

Kiddush & Seuda Shlishit: Join us in the dining room and coffee shop for Kiddush and Seuda Shlishit! We warmly encourage you to attend, as this time is designed to enhance socialization, community, and joy on Shabbat.

"Snippets of Inspiration"

Fortunate are we to have a rich treasure of wisdom from great Rabbanim to inspire and guide us.

To help connect our community with these treasures, **residents and staff are invited to submit teachings for possible inclusion in the weekly program.**

Following are guidelines for submissions:

- 1) teaching must NOT contain words which need to be placed in a genizah;
- 2) no longer than 1/3 page;
- 3) name and phone # must be included (for clarification purposes only, it will not be printed).

Please give your submission to the kabbalah or email to ShifraGershona@yahoo.com.

May the following teachings be an inspiration for you:

1. ***Once a person complained to a Rebbe about always being crowded. The Rebbe said to him, "If you never have enough space, maybe you take up too much room!"***
2. ***Rabbi Samson Raphael Hirsch: "Every descent is for the sake of a future ascent."***

Shabbat Parshat Korach 5786

Shabbat Mevarchin

Pirkei Avot Chapter 4

Rabbi Yisrael Weinberger

Rabbi Israel Gad Seletski (Manager on Duty)

Friday, 27th of Sivan, 5786, June 12th, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:15 am - "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Rabbi Klemantinovsky – Hebrew (Golan)

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Dick – English (Golan)

6:00 pm – Mincha (Beit Haknesset) – One Minyan Only!

6:20 pm- Candle Lighting

6:35 pm – Kabbalat Shabbat (Lobby)

Maa'riv



Do Not Forget To Say Kriat Shema after Tzet Hakochavim 8:10 pm

Seudat Leil Shabbat (Dining Room)

Shabbat, 28th of Sivan, 5786, June 13th, 2026

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – **Shacharit (Lobby)**

Kiddush (Dining Room)

11:15 am - "Parshat Hashavua" with Rabbi Israel Gad Seletzki- English (Beit Haknesset)

11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 2)

1:00 pm – Seudat Shabbat (Dining Room)

6:05 pm - "Parshat Hashavua" with Rabbi Weinberger - Hebrew (Beit Haknesset)

7:05 pm – Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

8:27 pm – End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

Shavua Tov!!!!!!

Sunday, 29th of Sivan , 5786, June 14th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

10:00 am – "**Gemara Shiur** " with Rabbi Shechter -English (Dvir)

10:00 am – **Ulpan for Beginners** with Mrs. Shoshana Maislik (Lobby 2)

10:00 am – "**Teachings of Rav Kook** " with Rabbi Michael Tubiano - Hebrew (Golan)

11:00 am – "**Feldenkreis Exercise** " with Tamar Levin - Women (Golan)

11:30 am – "**Hadaf Hayomi in Halacha**" with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – "**Hadaf Hayomi**" with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – **Ulpan for Advanced Students** with Mrs. Shoshana Maislik (New Lobby)

2:00 pm – Functional Art with Devori (Coffee Shop)

1:30 pm – 3:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Insights into Tehillim" with Rabbi Yonatan Horowitz - English (Golan)

5:30 pm – "**Prophecies for Eternity**" with with Rabbi Yonatan Horowitz - Hebrew (Golan)

5:30 pm – "Kohelet" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – "**Drama and Movement**" with Paulina - Women - Hebrew and English (Golan)

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur Gemara with Rabbi Yosef Kaplan (Beit Haknesset)

7:30 pm – "Sing Along" with Talya Kirsch - Women (Dvir) change of day

8:15 pm – Maariv (Beit Haknesset)

Monday, 30th of Sivan , 5786, June 15th, 2026 - First Day of Rosh Chodesh

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

8:00 am – Water Exercise for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for **Women**

10:00 am – Women Sing Hallel, (Golan)
with Students from Maalot Seminary and Special Education classes
Musical accompaniment by Seminary Students



10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Dvir)


10:30 – 11:30 – Exercise Gym open for **Men**

 **11:00 – Creating & Connecting** 

 **Create your own design on a mug**

With the Seminary and School girls (Miklat Nehora)

Advance registration at Reception

 *Residents who participated in last week's shared activity are warmly invited to continue the special connection that was created.*



11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:00 am – "Parashat Hashavua" with Rabbi Yehuda Rabinowitz-Hebrew (Golan)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz-Hebrew (Beit Haknesset)

11:45 am – Exercise for Women with Shikma, the physiotherapist (Golan)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

♦Marilyn Leiman, ♦Shoshana Fenyas, ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman ♦
 ♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "From Russia with Love" with Paul Salter - English (Golan)

Music by Rimsky-Korsakov, Tchaikovsky, Rachmaninoff, etc., with contributions from Danny Kaye and Walt Disney

5:30 pm – Rosh Chodesh Concert with Pianist Yotam Mahler (Lobby)



6:30 - 7:15 pm - The English Library is open

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

7:30 pm – Game Night with Naomi Mauer- (Coffee Shop)



8:15 pm – Maariv (Beit Haknesset)

Tuesday, 1st of Tammuz , 5786, June 16th , 2026 – Second day Rosh Chodesh

6:10-6:50 am- Free swimming for men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Dvir)

10:00 am – "**Parasha Shiur**" with Rabbi Stern -Hebrew (Golan)

10:00 am – "Brain Booster- Thinking Challenges" with Sarah Nappe - English (Coffee Shop)

10:45 am - "**Feldenkreis Exercise**" with Tamar Levin-Women (Golan)

11:15 am – **Painting class** with Nofar (Coffee Shop) **Group B**

◆Shoshana Chadad ◆Yaffa Silverberg ◆Leah Rosenzweig ◆Barbara Bachrach, ◆Miriam Danielchik ◆Rivka Amitzur ◆Esther Solomon ◆Yocheved Fisher

11:30 am – "**Hadaf Hayomi in Halacha**" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz -Hebrew (Beit Haknesset)

12:45-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Historic Figures in the Far & Near Past" with Rabbi Aschi Dick – English (Golan)

5:30 pm – "**More Than Diamonds- Parsha & Pirkei Avot**" with Ita- Women -English (Coffee Shop) **Day Change**

5:30 pm – "**Brain Booster**" with Sari Cohen – Hebrew (Golan)

6:15 pm – Music in the Lobby with Asaf

6:30 pm – "**Smartphones, AI, Computers and More**" with Ezra Shapira - English (Golan)

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur Gemara with Rabbi Yosef Kaplan (Beit Haknesset)

7:25 pm – "**Smartphones, AI, Computers and More**" with Ezra Shapira - Hebrew (Golan)

8:15 pm – Maariv (Beit Haknesset)



Wednesday, 2nd of Tammuz , 5786, June 17th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:00 am –1:00 pm – Aviva's Clothing Sale (Coffee Shop)

09:30 –10:30 am – Exercise Gym open for **Women**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Lobby 2)

10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Dvir)

10:30 am – "Exercise for Women" with Suri (Golan)

10:30 – 11:30 am – Exercise Gym open for **Men**

11:30 am – Choir for Women with Talya Kirsh (Golan)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern-Hebrew (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Bamidbar" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 2)

6:45 pm – Music in the Lobby with Sofia

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – "Pirkei Avot" - R. Yitzchak Hadari- Hebrew (Beit Haknesset)

8:00 pm – **Movie Night: "The Sting" (Coffee Shop) English with Hebrew subtitles**
change of day

The Sting (1973) is a classic caper film set in 1930s Chicago that follows Johnny Hooker (Robert Redford), a young, small-time grifter who seeks revenge after his mentor is murdered by the ruthless, high-ranking mob boss Doyle Lonnegan (Robert Shaw). To pull off the ultimate revenge, Hooker teams up with Henry Gondorff (Paul Newman), a washed-up master of the "big con".

8:15 pm – Maariv (Beit Haknesset)

Thursday, 3rd of Tammuz ,5786, June 18th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

8:00 am – Water Exercise for Women

7:30 am –Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:30 –10:30 am – Exercise Gym open for **Women**

10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Dvir)

10:30 – 11:30 am – Exercise Gym open for **Men**

10:45 am –"Shiur Tanach" with Rabbi Amos Klieger -- Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (**New Lobby**)

11:15 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (**Lobby 2**)

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz-Hebrew (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – 5:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "**Gimmel Tammuz Special** (Anniversary of the Rebbe's Passing): **Life on Shlichus in Israel & Deep Relevant messages from Parshat Hshavua**" with Kiki Newman Grand-daughter of resident Esther Soloman -English (Golan)

5:30 pm – "The Magic of Money – Stories of the Land of Israel Reflected in Banknotes" " with Chezzy Poznansky - Hebrew (Golan)



6:30 pm - Thursday Afternoon on the Golan patio
Cool refreshments in the pleasant afternoon breeze.

Musical accompaniment by Maury Epstein



7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur Gemara (Beit Haknesset)

8:00 pm – Movie Night: "חיים שכאלה" (Such Life)" (Coffee Shop) **Hebrew with Hebrew subtitles.**

The stories of the figures who shaped the country. Broadcast between 1972 and 2000.

8:15 pm – Maariv (Beit Haknesset)

Friday, 4th of Tammuz , 5786, June 19th , 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hadaf Hayomi" – Hebrew (Beit Haknesset)

10:30 am – "Parshat Hashavua" with Rabbi Klemantinovsky – Hebrew (Golan)

11:00 am-12:30 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)



Speedy Recovery
 To Sara Tanis who is hospitalized



Weight loss support with, Genesis, the Nutritionist on Tuesday mornings (additional charge).

For more details and registration contact the medical secretary, at 02-531-8403.



📣 Dear Residents,

Would you like to receive updates about program changes, important announcements, and more — in a convenient and quiet way?

You are welcome to join the residents' quiet WhatsApp group.

To join, please send a WhatsApp message with your name to:

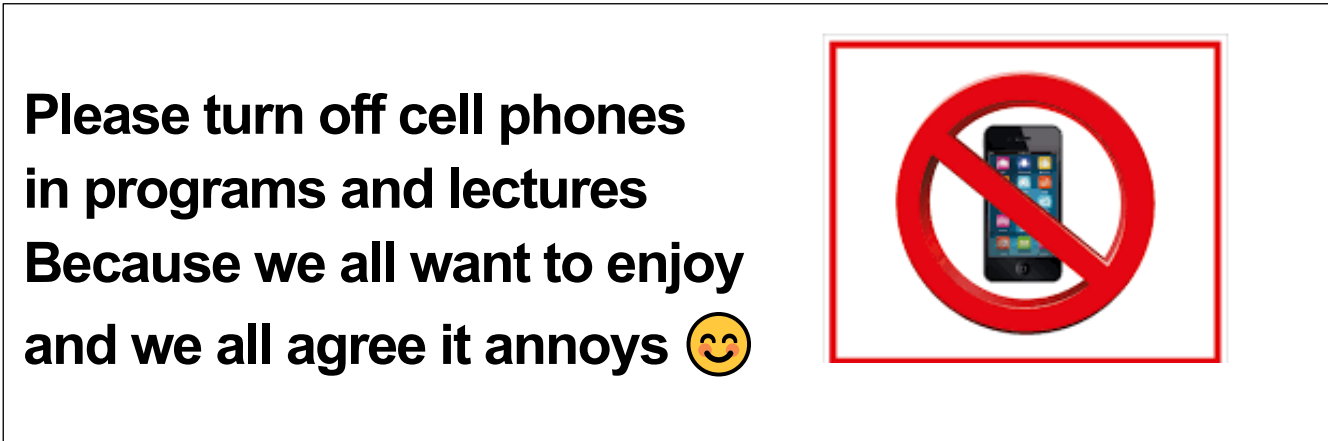
📱 054-506-4819



WhatsApp



**Please turn off cell phones
 in programs and lectures
 Because we all want to enjoy
 and we all agree it annoys 😊**



Davening Hours

Shacharit –Berachot 7:20 AM,
 Hodu 7:30 AM,
 Minchah -7:15 PM
 Maa'riv – 8:15 PM

Tehillim for Women

Sunday-Thursday
 Lobby– 4:30 pm

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
 (arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Tel. 8142

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Medical Secretarial Hours:

Tel: 8403

Sunday-Thursday

9:00 am- 2:00 pm

Social Worker Hours

Tel. 8128

Sunday, Monday and Wednesday

9:00 am – 2:00 pm

Tuesday and Thursday

2:00 – 7:00 pm

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

Make your appointment
 at the front desk

Opening hours of Eitan's

Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's

Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon