



The Va'ad Corner

Dear Residents,

Due to the many concerns voiced by many residents the residents committee has been involved in the meals in Beit Tovei Ha'Ir by collecting feedback written by residents and passing them onto the management. The management is alert to the situation and is actively soliciting the cooperation of the Va'ad in improving the quality of the food served in the dining room. It is really important that residents provide ongoing feedback – so please fill out the feedback forms which can be found in entrance to the Dining Room, and submit them to the designated basket, after lunch.

Please note: Feedback forms submitted without the resident's name and apartment number will not be taken into consideration.

The food situation had improved in recent weeks and your continued cooperation will enable the management to continue improving the quality of the food served in the dining room.

Looking forward to hearing from you,
The Va'ad

BEIT KNESSET TZEDAKAH FUND

We are pleased to inform residents that the Beit Kneset Tzedakah box generated **770 NIS** this month.

The funds were donated to **Mishan Lacholeh**, a neighborhood soup kitchen that provides warm meals to people and families in need.

Our sincere thanks to **R' Avrohom Bartovski**, our Gabbai, who collects Tzedakah each morning during davening and faithfully ensures that the funds are properly transferred.

Residents are reminded that the Beit Kneset Tzedakah box is a worthy place to fulfil pledges made **l'ilui nishmat** loved ones, whether following a **Keil Malei Rachamim** or for any other Tzedakah pledge.

All funds are distributed exclusively to poor and needy people.

The Tzedakah box is located immediately to the left of the entrance to the Beit Kneset.

Tizku l'mitzvot.



משען לחולה
עמותה רשומה: 580166239
חברת ש"ס 34, ירושלים
טל': 026402903, 026402903
mishan.co

[מקור]
תאריך: 26/07/2026
מסמך ממוחשב, חתום דיגיטלית



לכבוד: קופת צדקה דיירי בית טובי העיר
כתובת: מלכי ישראל 36 ירושלים

קבלה על תרומה מספר 626

תרומה
מספר אישור דיווח התרומה לרשות המסים
הקצאה מספר: 446
פרטי תשלום:

סכום	פרטים	אמצעי תשלום	תאריך
₪770.00		מוזמן	26/07/2026

סה"כ: ₪770.00

הערה מצורפת:
הופק באמצעות פלטפורמת נדרים פלוס

למוסד אישור מס הכנסה לענין תרומות לפי סעיף 46 לפקודה

חתימה:





Shabbat Re'eh 5786
Shabbat Mevarchin Chodesh Elul
Pirkei Avot – Perek 6

Rabbi Yisrael Weinberger
Mrs. Sima Kliers (Manager on Duty)

Friday, 24th of Av, 5786, August 7th, 2026

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:15 am - "Hada'at Hayomi" – Hebrew (Beit Haknesset)

10:30 am - "Parshat Hashavua" with Rabbi Chaim Siemitycki – English (Golan)
change of time

11:00 am -12:00 pm - Swimming for Men

11:30 am - "Parshat Hashavua" with Rabbi Klemantinovsky – Hebrew (Golan) **change of time**

5:55 pm – Mincha (Beit Haknesset) – One Minyan Only!

6:20 pm- Candle Lighting

6:30 pm – Kabbalat Shabbat (Lobby)

Maa'riv

Do Not Forget To Say Kriat Shema after Tzet Hakochavim 7:55 pm

Seudat Leil Shabbat (Dining Room)



Shabbat, 25th of Av, 5786, August 8th, 2026

7:00 am – 8:30 am – Coffee & Cake (Coffee Shop)

8:15 am – **Shacharit** (Lobby)

Kiddush (Dining Room)

11:25 am - "Parshat Hashavua" with Rabbi Eliezer Drang - English (Beit Haknesset)

11:45 am – "Sefer Shmuel" Singing & Shiur for Women with Ora Ofir - Hebrew (Lobby 2)

1:00 pm – Seudat Shabbat (Dining Room)

5:50 pm – "Building Sukkot as Written" with Rabbi Weinberger - Hebrew (Beit Haknesset)

6:50 pm –Mincha (Beit Haknesset)

Seudah Shlishit (Dining Room)

8:08 pm –End of Shabbat. Maa'riv (Beit Haknesset)

Havdalah after Maa'riv in the Lobby

Shavua Tov!!!!!!

Sunday, 26th of Av, 5786, August 9th, 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

10:00 am – **"Gemara Shiur"** with Rabbi Shechter -English (Dvir)

10:00 am – **Ulpan for Beginners** with Mrs. Shoshana Maislik (Coffee Shop)

11:00 am – **"Feldenkreis Exercise"** with Tamar Levin-Women (Golan)

11:30 am – **"Hadaf Hayomi in Halacha"** with Rabbi David Tzohar – Hebrew (Beit Haknesset)

11:45 am – **"Hadaf Hayomi"** with Rabbi Yehudah Rabinowitz – Hebrew (Beit Haknesset)

11:45 am – **Ulpan for Advanced Students** with Mrs. Shoshana Maislik (Coffee Shop)

2:00 pm – Functional Art with Devori (Coffee Shop)

1:30 pm – 3:00 pm - Free Swimming for Men

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Progress-one step to change" with Leah Zarbiv, daughter of resident Naomi Mauer - English (Golan)

5:30 pm – **"Progress-one step to change"** with Leah Zarbiv, daughter of resident Naomi Mauer - Hebrew (Golan)

5:30 pm – "Pirkei Avot" Shiur for women with Ita Schneider-English (Coffee Shop)

6:15 pm – Music in the Lobby with Sofia

6:30 pm – **"Drama and Movement"** with Paulina - Women - Hebrew and English (Golan)

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur Gemara with Rabbi Yosef Kaplan (Beit Haknesset)

8:00 pm – Movie Night: **"Thelma" (2024)** (Golan) English **with Hebrew subtitles**

Thelma (June Squibb), a spirited 93-year-old determined to reclaim her independence after falling victim to a phone scam. Filled with humor, heart, and unexpected adventure, Thelma is an uplifting celebration of courage, family, and proving that it's never too late for a new adventure.

8:15 pm – Maariv (Beit Haknesset)

Monday, 27th of Av , 5786, August 10th , 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

8:00 am – Water Exercise for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:30-10:30 am – Exercise Gym open for **Women**

10:00 am – Lecture on Shai Agnon with Dr. Shirel-Hebrew (Golan)

10:30 am – "Mesilat Yesharim" with Rabbi Shechter -English (Coffee Shop)

10:30 – 11:30 – Exercise Gym open for **Men**

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby)

11:30 am – "Hadaf Hayomi in Halacha" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for women with Shikma, the physiotherapist (Golan)

2:00 pm – Painting class with Nofar (Coffee Shop) Group A

, ♦Marilyn Leiman, , ♦Malka Chaimson , ♦Elisheva Gnizi, ♦Vivien Kleinman ♦Shoshana Jakobowitz , ♦Rose Rev , ♦Judy Cohen , ♦Naomi Garami , ♦Judy Schreiber

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Speaking Cinema: How Movies Talk Without Words" with Raanan Rosenbaum - English (Dvir) change of place

4:45 pm – Choir for Women with Talya Kirsch (Golan) – change of day and time

5:45 pm – "Sing Along" with Talya Kirsch - Women (Golan) change of day , time and place

6:30 - 7:00pm - The English Library is open

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur "Or Hachaim Hakadosh" with Rabbi Mordechai Kreuzer (Beit Haknesset)

8:15 pm – Maariv (Beit Haknesset)

Tuesday, 28th of Av , 5786, August 11th , 2026

6:10-6:50 am- Free swimming for men

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:45 am – **Creative Writing workshop with Sarina Furer- English (Dvir)**
Please bring pen and notebook.



10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Coffee Shop)

10:00 am – "**Parasha Shiur**" with Rabbi Stern - Hebrew (Golan)

10:45 am - "**Feldenkreis Exercise**" with Tamar Levin-Women (Golan)

11:15 am – **Painting class** with Nofar (Coffee Shop) **Group B**
♦Shoshana Chadad ♦Yaffa Silverberg ♦Leah Rosenzweig ♦Barbara Bachrach
♦Yocheved Fleishman, ♦Miriam Danielchik, ♦Rivka Amitzur ♦Esther Solomon ♦Yocheved Fisher ♦Judy Schrieber ♦Shoshana Fenyes

11:35 am – **Creative Writing workshop** with Sarina Furer- Hebrew (Dvir)
Please bring pen and notebook.

11:30 am – "**Hadaf Hayomi in Halacha**" – with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehuda Rabinowitz (Beit Haknesset)

12:45-3:00 pm – Eitan's Fruit and Vegetable Sale – (Coffee Shop)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Historic Figures in the Far & Near Past" with Rabbi Aschi Dick – English (Golan)

5:30 pm – "**Historic Figures in the Far & Near Past**" with Rabbi Aschi Dick – Hebrew (Golan)

6:15 pm – Music in the Lobby with Asaf

6:30 pm – "**Smartphones, AI, Computers and More**" with Ezra Shapira - English (Golan)

7:15 pm – Mincha (Beit Haknesset)

7:25 pm – "**Smartphones, AI, Computers and More**" with Ezra Shapira - Hebrew (Golan)

7:30 pm – Shiur Gemara with Rabbi Yosef Kaplan (Beit Haknesset)

8:15 pm – Maariv (Beit Haknesset)

Wednesday, 29th of Av, 5786, August 12th, 2026

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

07:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:00 am – 1:00 pm – Cosmetics and Jewelry Sale with Dalya & Yigal (Coffee shop)

9:30 am - Advanced Exercise Class – Standing and Floor Exercises with Shikma (Golan) – New class!

09:30 – 10:30 am – Exercise Gym open for **Women**

9:45 am – Ulpan for Advanced Students with Mrs. Rachel Strenger (Gallery)

10:00 am – "**Gemara Shiur**" with Rabbi Shechter -English (Dvir)

10:30 am – "Beatube Brain Fitness - Rhythm & Coordination" with Bracha -Hebrew & English (Golan)

10:30 – 11:30 am – Exercise Gym open for **Men**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar - Hebrew (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi David Stern (Beit Haknesset)

4:00 pm – Coffee & Cake (Coffee Shop)

4:00 – 4:30pm – The English Library is open

4:30 pm – Tehillim for Women (Lobby)

4:30 pm – "Rav Soloveitchik on Devarim" with Rabbi Aaron Adler - English (Golan)

5:30 pm – "More Than Diamonds" - Parasha Shiur with Ita- Women -English (Coffee Shop)

5:30 pm – "Mitzvah Rationale (Sefer HaChinuch Insights)" with Rabbi Aaron Adler - Hebrew (Golan)

6:30 pm – "Tanya" Class for Women – with Mrs. Devora Ebert – Hebrew (Lobby 2)

6:45 pm – Music in the Lobby with Sofia

7:15 pm – Mincha (Beit Haknesset)

7:30 pm – "Shiur" – Rabbi David Biber- Hebrew (Beit Haknesset)

8:15 pm – Maariv (Beit Haknesset)

Thursday, 30th of Av ,5786, August 13th, 2026 – 1st day of Rosh Chodesh Elul

7:00 am – 8:00 am – Lap Swimming for Women

8:00 am – 9:00 am – Free Swimming for Women

8:00 am – Water Exercise for Women

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu) (Beit Haknesset)

9:30 – 10:30 am – Exercise Gym open for **Women**

10:00 am – Bridge Club- Beginners and Advanced- with Rivka Cohen (Lobby 2)

10:30 – 11:30 am – Exercise Gym open for **Men**

10:30 am – "Mesilat Yesharim" with Rabbi Shechter -English (Coffee Shop)

10:45 am – "Shiur Tanach" with Rabbi Amos Klieger – Hebrew (Golan)

11:00 am – Men's Feldenkreis Exercise Class" with Reuven (New Lobby**)**

11:30 am – "Hadaf Hayomi in Halacha" with Rabbi David Tzohar (Beit Haknesset)

11:45 am – "Hadaf Hayomi" with Rabbi Yehudah Rabinowitz (Beit Haknesset)

11:45 am – Exercise for Women with Esti (Golan)

4:00 pm – Coffee & Cake (Coffee Shop)

4:30 pm – 5:30 pm - Free Swimming for Men

4:30 pm – Tehillim for Women (Lobby)

**4:30 pm – "What I learned from a Medic in Lebanon about Teshuva"
with Rabbi Hillel Van Leeuwen - English (Golan)**

**5:30 pm – "What I learned from a Medic in Lebanon about Teshuva"
with Rabbi Hillel Van Leeuwen - Hebrew (Golan)**



**6:30 pm - Thursday Afternoon on the Golan patio
Cool refreshments in the pleasant afternoon breeze.
Musical accompaniment by Doriav Menashe**

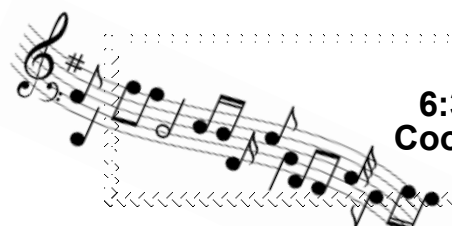


7:15 pm – Mincha (Beit Haknesset)

7:30 pm – Shiur Gemara (Beit Haknesset)

8:00 pm – Movie Night: "חיים שכאלה" (Such Life)" (Coffee Shop) **Hebrew with Hebrew subtitles. the stories of the figures who shaped the country. Broadcast between 1972 and 2000.**

8:15 pm – Maariv (Beit Haknesset)



Friday, 1st of Elul , 5786, August 14th, 2026 – 2nd Day of Rosh Chodesh Elul

7:30 am – Shacharit (7:20 am – Brachot / 7:30 am – Hodu)

9:15 am – "Hada'at Hayomi" – Hebrew (Beit Haknesset)

9:45 am – Women Sing Hallel with Yael, Musical Accompaniment by Shani – (Golan)



10:30 am – "Parshat Hashavua" with Rabbi Klemantinovsky – Hebrew (Golan)

11:00 am-12:30 pm- Swimming for Men

11:30 am – "Parshat Hashavua" with Rabbi Dick – English (Golan)

MAZEL TOV!

To **Pola Sztrigler** on the birth of a great granddaughter, great grandson, and the engagement of a grandson!

To **Dahlia Sztrigler** on the engagement of a son!

To **Riva Soibelman** on the birth of a great-grandson

Speedy Recovery

To **Chaim Tannen** who is hospitalized

Condolences

Beit Tovei Hai'r and its residents share in the grief upon the passing of

Margaret Cohen A"H

May we be comforted among the mourners of Zion and Jerusalem



*To the management of Beit Tovei Ha'ir and all the staff,
Thank you very much for all the help, dedication, and effort
in producing the "Dor L'Dor" event.
Thanks to you, the residents and their families enjoyed a
special, moving, and joyful day.
Great job and may you be blessed!*



SAVE THE DATE



Monday August 24th - Trip to the Heichal Shlomo Museum – stay tuned for details!

Weight loss support with, Genesia, the Nutritionist on Tuesday mornings (additional charge).

For more details and registration contact the medical secretary, at 02-531-8403.

📢 Dear Residents,

Would you like to receive updates about program changes, important announcements, and more — in a convenient and quiet way?

You are welcome to join the residents' quiet WhatsApp group.

To join, please send a WhatsApp message with your name to:

📞 054-506-4819



WhatsApp

You are kindly requested to sign your name in the "In/Out Sign-In Sheet" before you leave the building and upon returning home.

Residents who leave for Shabbat, must notify the Reception

We thank you for your assistance.

**Please turn off cell phones
in programs and lectures
Because we all want to enjoy
and we all agree it annoys 😊**



Davening Times

Shacharit –Berachot 7:20 AM,
Hodu 7:30 AM,
Minchah -7:15 PM
Maa'riv – 8:15 PM

SERVICE DESK

Sunday–Thursday
10:00 AM – 1:00 PM
4:00 PM – 6:00 PM

 **Extension: 8475**

 **Email: sherut@toveihair.co.il**

 **Mobile / WhatsApp: 054-355-1067**

Meal Hours in Dining Room

Lunch, 12:30-1:45 PM
(arrive by 1:15)

Coffee Shop

Coffee & Cake- 4:00 PM

Meal Distribution Hours

Room Service

Breakfast: 7:45-9:00

Lunch: 12:00-1:00

Dinner: 5:30-6:30

Take Away

Breakfast: 7:45-8:15

Lunch: 12:00-12:30

Nurse's Hours + Phone Service

Tel. 8142

Weekdays

8:30 am- 1:00pm

3:00-6:00 pm

Friday

09:00 am- 1:00pm

Medical Secretary Hours:

Tel: 8403

Sunday-Thursday

9:00 am- 2:00 pm

Social Worker Hours

Tel. 8128

Sunday, Monday and Wednesday

9:00 am – 2:00 pm

Tuesday and Thursday

2:00 – 7:00 pm

Medical Accessories Gemach

Open in the clinic

Please speak with Sima or Pessi

YIFAT-

LADIES HAIRDRESSING

Every Monday and Thursday

in Nehora Wellness Center.

**Make your appointment
at the front desk**

Opening hours of Eitan's Minimarket (on level -1)

Tel. 8104

Weekdays 07:30-10:00 am

Sunday, Tuesday, Thursday 6:00-7:00 pm

Opening hours of Eitan's Coffee Stand in the Lobby

Weekdays 10:00 AM-1:00 PM

4:00-6:00 PM

Friday 10:00 am-12:00 noon